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Break The Ice
64 count, 4 wall, intermediate level

Choreographer: Teresa Lawrence & Vera Fisher (UK)

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Choreographed to: Break The Ice (Been A While) by

Britney Spears, CD: Blackout

### KICK & HEEL & TOUCH STEP, ROCK REPLACE LOCK BACK

1&2&3-4 Coming up on the ball of the left foot kick forward with right, step right in place,

dig left heel forward, step left in place, touch right next to left, step slightly forward on right

5-6-7&8 Rock forward on left, recover back to right, left lock back

### FULL TURN BACKWARDS, SAILOR 1/2, SWAY SWAY HIPS

- 1 Over right shoulder make ½ turn right stepping forward on right,
- 2 Continue another ½ turn right stepping left back (12:00)
- 3&4 Sailor ½ right over right shoulder (6:00)
- 5-6 Step left to left side swaying to left, sway over to the right raising left heel
- 7&8 Keeping weight on right, bump hips left, right, left

## CHASSE SIDE, CROSS ROCK REPLACE, CHASSE 1/4 TURN, WHOLE TURN

- 1&2 Chasse left to left side
- 3-4 Cross rock right over left, recover on left
- 5&6 Chasse right making ¼ turn right (9:00)
- 7-8 Whole turn right traveling forward stepping left, right

#### MAMBO FORWARD ON LEFT, MAMBO BACK RIGHT, STEP LOCKS FORWARD X4

- 1&2 Mambo forward on left
- 3&4 Mambo right back
- 5&6& Step slightly forward on left, lock right behind left, step slightly forward on left, lock right behind left
- 7&8 Step slightly forward on left, lock right behind left, step forward on left

Tag here on wall 4

### KICK STEP ROCK BACK REPLACE, STEP SIDE SLIDE TOUCH, TWICE

- 1&2& Kick right to slight right diagonal, step right to right side, rock left behind right, recover on right
- 3-4 Big step to left side, slide right up to left ending with a touch
- 5-8 Repeat counts 1-4

# 3/4 TURN, COASTER, MONTEREY 1/2, ROCK & CROSS

- 1-2 Make ¼ turn right, stepping forward on right, continue another ½ turn right stepping left back (6:00)
- 3&4 Right coaster step
- 5-6 Touch left to left side, make ½ turn left bringing left next to right (12:00)
- 7&8 Rock right to right side, recover on left, cross right over left

Restart here on wall 2

## BACK LOCK, LEFT LOCK BACK, ROCK & BACK, BALL CHANGE, STEP

- 1-2 Step left back, lock right across left
- 3&4 Left lock back
- 5&6 Rock right to right side, recover on left, step right back behind left
- &7-8 Rock left to left side on ball of left foot, step right to right side, step forward on left

## PIVOT 1/2, SHUFFLE FORWARD, WHOLE TURN, FORWARD MAMBO

- 1-2 Step forward on right, pivot ½ turn left
- 3&4 Shuffle forward on right
- 5-6 Traveling forward turn whole turn right, stepping left, right
- 7&8 Forward mambo on left (6:00)

RESTART:On wall 2, dance up to & including whole of section 6. Instead of count 7&8, rock & cross, do:

7&8 Rock & touch (weight to remain on left)

Then restart the dance from beginning. You will be facing 6:00 wall

**TAG:** On wall 4, dance the whole of section 4. You will finish your step locks forward then add this:

1-2-3-4 Stepping right to right side sway weight over to right over 2 counts,

sway weight back to left side over 2 counts

Restart dance from beginning. You are now facing 9:00 wall.

Due to the tag the dance is now done on the 2 side walls instead of the front & back

**ENDING:** Dance ends on wall 6. You will complete the 64 counts & end with the forward mambo facing the 9:00 wall. There are 2 counts of music left. Turn ¼ turn right stepping right to right side & pose to face the 12:00 wall.