

## Break My Mind

BEGINNER

32 Count 4 Walls

Choreographed by: Connie Nielsen & Dorthe Andersen

Choreographed to: Break My Mind by Nathan Carter

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- 1**            **Rock forward, Shuffle back, Rock back, Shuffle forward.**  
1 - 2        Rock forward on right, Recover on left  
3 & 4        Step back on right, Step left beside right, Step back on right  
5 - 6        Rock back on left, Recover on right  
7 & 8        Step forward on left, Step right beside left, Step forward on left
- 2**            **Side rock, Behind 1/4 turn step, Rock forward, Coaster cross**  
1 - 2        Rock right to right side, Recover on left  
3 & 4        Step right behind left, 1/4 turn left stepping onto left, Step forward on right  
5 - 6        Rock forward on left, Recover on right  
7 & 8        Step back on left, Step right beside left, Cross left over right
- 3**            **Side rock, Sailor 1/4, Rock forward, Triple full turn**  
1 - 2        Rock right to right side, Recover on left  
3 & 4        Sweep right behind left, Turn 1/4 right stepping left beside right, Step fw on right  
5 - 6        Rock forward on left, Recover on right  
7 & 8        On the spot turn over left on left, right, left
- 4**            **Side rock, Behind side cross, Side together, Chasse 1/4 turn**  
1 - 2        Rock right to right side, Recover on left  
3 & 4        Right behind left, Left to left side, Cross right over left  
5 - 6        Step left to left side, Step right beside left  
7 & 8        Step left to left side, Step right beside left, Turn 1/4 left stepping left forward
- TAG:**        **After wall 2, wall 4 and wall 5**
- Jazz Box**  
1 - 2        Cross right over left, Step left back  
3 - 4        Step right to right side, Step forward on left
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