

Break My Mind

BEGINNER

40 Count 4 Walls

Choreographed by: Graham Mitchell

Choreographed to: Break My Mind by Nathan Carter

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- 1 SIDE TOUCHES, SIDE TOGETHER FORWARD HOLD**
1 - 2 Step right to right side, Touch left beside right
3 - 4 Step left to left side, Touch right beside Left
5 - 6 Step Right to Right side close left Beside right
7 - 8 Step forward on Right and hold for 1 count
- 2 SIDE TOUCHES, SIDE TOGETHER BACK HOLD**
1 - 2 Step Left to left side, Touch right beside left
3 - 4 Step Right to right side, Touch left beside Right
5 - 6 Step left to left side, close Right beside left
5 - 6 Step back Left and hold for 1 count
- 3 WALK BACK, 1/2 SHUFFLE,WALK, STEP PIVOT STEP**
1 - 2 Step back right, step back left
3 & 4 1/2 turn shuffle Right stepping, right left right
5 - 6 Step forward Left, step forward Right
7 & 8 Step forward left, pivot 1/2 right, step forward left
- 4 HEEL DIGS R L, BEHIND SIDE CROSS 1/4 RIGHT**
1 - 2 Tap Right heel Twice forward
3 & 4 Step right behind left, step left to left, cross right over left
5 - 6 Tap Left heel Twice forward
7 & 8 Step left behind right, step R to R making 1/4 R, step Fwd L
- 5 CHARLESTON STEPS, LEFT COASTER STEP**
1 - 2 Sweep right forward, step back on right
3 - 4 Sweep left back, Step forward on left
5 - 6 Sweep right Forward, step back on right
7 & 8 Step back left, close right beside left, step forward left
- tag end of walls 2,4,5 jazz box cross**
1 - 2 cross right over left, step back left
3 - 4 Step right to right side, cross left over right
ENDING after 1/2 turn shuffle, cross left over right unwind 3/4 to face front
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