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The Rainbow Connection

48 Count, 2 Wall, Beginner

Choreographer: Val Saari (CA) Oct 2016

Choreographed to: The Rainbow Connection by
Kermit The Frog.

The Muppet Movie (Original Motion Picture Soundtrack)

- Section 1 Left Twinkle, Right Twinkle**
1-3 Step L across R, Step R to right, Step L to left
4-6 Step R across L, Step L to left, Step R to right
- Section 2 Waltz Balance – Forward, Back**
1-3 Step L forward, Step R beside L, Step L in place
4-6 Step R back, Step L beside R, Step R in place
- Section 3 ½ Left Turning Waltz, Twice**
1-3 Step left forward, turn ½ left and step right back, step left together
4-6 Step right back, turn ½ left and step left forward, step right together
- Section 4 Behind Twinkle Twice**
1-3 Cross left behind right, step right to side, step left together
4-6 Cross right behind left, step left to side, step right together
- Section 5 Waltz Balance – Forward, Back Pivot 1/4 L**
1-3 Step L forward, Step R beside L, Step L in place
4-6 Step R back Pivot 1/4 L, Step L beside R, Step R in place
- Section 6 Waltz Balance – Forward, Back Pivot 1/4 L**
1-3 Step L forward, Step R beside L, Step L in place
4-6 Step R back Pivot 1/4 L, Step L beside R, Step R in place
- Section 7 1/4 Turn Waltz Forward Twice**
1-3 Turn 1/4 Left with a basic waltz forward LRL
4-6 Turn 1/4 Left with a basic waltz forward RLR
- Section 8 Waltz Balance Backwards Twice**
1-3 Step L back, Step R in place, Step L in place
4-6 Step R back, Step L in place, Step R in place

Begin Dance Again

**I dedicate this piece to those who dare to dream to dance, and especially for Baby Iris,
named after the rainbow... I hope you dance!**
