

Break It To My Heart

64 Count, 2 Wall, Improver

Choreographer: Roz Chaplin & Colin B Smith (UK) Aug 2012

Choreographed to: Can't Break It To My Heart

by Tracy Lawrence, CD: The Very Best Of Tracey Lawrence
(136bpm)

Intro 16

1 RUMBA BOX

- 1-2 Step right to right side, close left beside right
- 3-4 Step right forward, Hold
- 5-6 Step left to left side, close right beside left
- 7-8 Step left back, Hold

2 LOCKING SHUFFLE BACK, COASTER STEP, HOLD

- 1-2 Step right back, lock left in front of right
- 3-4 Step right back, Hold
- 5-6 Step left back, step right beside left
- 7-8 Step left forward, Hold

Restart Here Wall 3 (6 o'clock)

3 STEP ¼ TURN, CROSS, HOLD, WEAVE, HOLD

- 1-2 Step forward right, pivot ¼ turn left (9)
- 3-4 Cross right over left, Hold
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, Hold

4 JAZZ BOX, SWEEP, JAZZ BOX ¼ TURN, SCUFF

- 1-2 Cross right over left, step left back
- 3-4 Step right to right side, sweep left toe towards right
- 5-6 Cross left over right, step right back
- 7-8 Make ¼ turn to left stepping left forward, scuff right beside left (6)

5 TOE STRUTS FORWARD X2, COASTER STEP, HOLD

- 1-2 Step right toe forward, drop right heel to floor taking weight
- 3-4 Step left toe forward, drop left heel to floor taking weight
- 5-6 Step back on right, step left beside right
- 7-8 Step forward on right, Hold

6 TOE STRUTS FORWARD X 2, MAMBO STEP

- 1-2 Step left toe forward, drop left heel to floor taking weight
- 3-4 Step right toe forward, drop right heel to floor taking weight
- 5-6 Rock forward on left, recover onto right
- 7-8 Step left beside right, Hold

7 RIGHT SIDE ROCK, WEAVE LEFT, CROSS ROCK

- 1-2 Rock right to right side, recover onto left
- 3-4 Cross right over left, step left to left side
- 5-6 Cross right behind left, step left to left side
- 7-8 Cross rock right over left, recover onto left

8 SIDE, DRAG, ROCK STEP X 2

- 1-2 Step right LONG step to right side, drag left toe towards right
- 3-4 Rock back on left, recover onto right
- 5-6 Step left LONG step to left side, drag right toe towards left
- 7-8 Rock back on right, recover onto left

