

Before He Cheats

32 Count, 2 Wall, Intermediate

Choreographer: Lu Olsen

Choreographed to: Before He Cheats by Carrie Underwood
(73 BPM)

Intro: 16**S1 Cross Samba ¼ Turn, Sweep, Forward, ½ Turn, Side, Side ½ Turn, Side, ½ Turn, Back, Side**

1&2 Cross right over, turn ¼ right and step left side, step right side (3:00)

3-4&5 Sweep/cross left over, step right forward, turn ½ right and step left back, step right side (9:00)

6& Rock left side, turn ½ left and step right side

7-8& Turn ½ left and rock left side, recover to right, step left together (9:00)

S2 Sweep Over, ¼ Turn Lift/Step Over, Cross, Replace, ¼ Forward-Side, Back ½ Turn, Back, ½ Turn, Back, Together

1-2-3 Sweep/cross right over, turn ¼ right and cross left over (12:00)

3&4& Cross/rock right over, recover to left, turn ¼ right and step right forward, turn ¼ right and step left side (6:00)

5 Step right back

6&7& Touch left back, turn ½ left (weight to right), touch left back, turn ½ left (weight to right) (6:00)

8& Step left back, step right together

S3 Left Lock Forward, ½ Turn Step Back, Rock, Back, Forward, ½ Back, Shuffle Forward/Drag, Back, ¼ Right Turn, Forward

1&2&3 Locking chassé forward left-right-left, turn ½ left and step right back, rock left back (12:00)

4& Recover to right, turn ½ right and step left back

5&6 Chassé back right-left-right turning ½ right (12:00)

7&8 Drag/step left back, turn ¼ right and step right forward, step left forward (3:00)

S4 Forward, ½ Turn, ½ Turn Step Back, ¼ Right To Right Forward, Forward To Diagonal/Drag, Back To Diagonal/Drag, Left Coaster, Touch Toe Together/Click

1&2 Step right forward, turn ½ left (weight to left), turn ½ left and step right back (3:00)

3&4 Step left back, turn ¼ right and step right forward, step left diagonally forward (6:00)

5 Drag/step right diagonally back

6&7 Left coaster step

8 Touch right together and click fingers (6:00)

REPEAT

TAG

After wall 2

1&2 Step right forward, turn ½ right and step left back, turn ½ right and step right forward

3-4 Step left side, drag/touch right together and click fingers (12:00)

ENDING

After count 22, step left forward, touch right together & click fingers to finish to the front
