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**Intro:** 16 counts.

**Restart:** During wall 3 (facing 12 o'clock) dance 1-16 then re-start the dance)

**This dance I choreographed during the middle of the night, helping me to burn nervous energy, during the midst of Hurricane Matthew!**

**Section 1 Walk R –L – R Anchor Step- Drag Back L-R- L Coaster Step**

1-2 Walk forward right, left

3&4 (Angling to right) step ball of right behind left, (straightening up ) step left in place, step right slightly back

5-6 Drag ball of left back stepping down, Drag ball of right back stepping down

7&8 Step back on left, step right next to left, step left forward ( 12 o'clock)

**Section 2 R Diag.– L Lock – R Diag. Shuffle Fwd- L Diag.-R Lock- L Diag. Shuffle Fwd**

1-2 Step right forward to the right diagonal, step left behind right

3&4 Step right forward to right diagonal, step left behind right, Step right forward to right diagonal

5-6 Step left forward to left diagonal, step right behind left

7&8 Step left forward to left diagonal, step right behind left, Step left forward to left diagonal ( 12 o'clock)

\*\*\*\*\*During wall 3 ( facing 12 o'clock) restart here

**Section 3 Heel Grind ¼ R- R Coaster Step- Rock L Fwd – Rec R- L Coaster Cross**

1-2 Touch right heel forward with toes turned left, swivel toes to right making ¼ turn right

3&4 Step right back, step left next to right, step forward right (3 o'clock)

5-6 Rock forward left, recover back right

7&8 Step back on left, step back on right, step left across right

**Section 4 R Side Rock- Rec L- R Behind, L Side, R Across L- L Side Rock- Rec R- L Behind, R ¼ R- L Fwd**

1-2 Rock right to right side, recover left

3&4 Step right behind left, step left to left, step right across left

5-6 Rock left to left side, recover right

7&8 Step left behind right, step right making ¼ turn right, step forward left (6 o'clock)

**Begin Again!**