

Groove Thing

32 Count, 4 Wall, Beginner

Choreographer: Anne Herd (Australia) Sep 2016

Choreographed to: Shake Your Groove Thing
by Peaches & Herb

Intro: Start on main lyrics, 32 beats in, weight on L - Turning CW

S1 Vine Right And Left

1-2-3-4 Step R to side, Cross L behind R, Step R to side, Touch L beside R

5-6-7-8 Step L to side Cross R behind L, Step L to side, and Touch R beside L

S2 Walk Back, Hip Bumps

1-2-3-4 Walk back stepping RLR, Touch L beside R

5-6-7-8 On the L diagonal, Step fwd. on L as you bump hips twice fwd. and twice back (LL, RR)

S3 Walk Forward, Forward Touch, Back Touch

1-2-3-4 Walk forward stepping L R L, Touch R beside L

5-6-7-8 On the R diagonal, Step fwd. on R, Touch L beside R, Step back on L, Touch R beside L

S4 1/4 Turn, Step Touch, V Step

1-2-3-4 Turn 1/4 R, Stepping R to side, Touch L beside R, Step L to side, Touch R beside L

5-6-7-8 Step fwd. on R on the R diagonal. Step fwd. on L on the L diagonal. Step R back to centre. Step L beside R

[32] Begin dance again

TAG: There is a four count tag at the end of the first wall. Simply repeat the V step.

ENDING:

You will be on the 12.00 wall. Simply change counts 25-28 into a K step (leaving off the 1/4 turn) then continue with the V step.