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Rock It

32 Count, 2 Wall, Beginner

Choreographer: J Connor (USA) Sept 2016

Choreographed to: Uptown Funk by Mark Ronson,
ft. Bruno Mars

Section 1 **Rock Forward, Side, Back, Step**

1-8 Rock right forward, recover on left, rock right to side, recover on left, rock right back, recover on left, step on right, hold.

Section 2 **Rock Forward, Side, Back, Step**

1-8 Rock left forward, recover on right, rock left to side, recover on right, rock left back recover on right foot, step on left foot, hold.

Section 3 **Rocking Chair x 2**

1-4 Rock right forward, recover on left, rock right back, recover on left

5-8 Rock right forward, recover on left, rock right back, recover on left

Section 4 **Pivot ¼ left x 2, Sway RLRL**

1-4 Step forward right, pivot ¼ turn to left, step forward right, pivot ¼ turn to left

5-8 Sway right, left, right, left

Repeat

Note: This is a beginner dance to use for teaching rocks.
