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Drag Me Down

64 Count, 4 Wall, Intermediate

Choreographer: Carl Sullivan (AU) Sept 2016

Choreographed to: Drag Me Down by One Direction.

Album: Drag Me Down

Track: 3:12mins

Pattern: Each Complete Sequence Turns $\frac{1}{4}$ Left

Intro: After pressing play, wait 5 seconds and count 1 2 3 4 (will need some practice) or Let 16 counts go by and start on count 17

1-2-3-4 Step R to R, Rock-step L back behind R, Replace on R, Step L to L
5-6 Step R behind L, $\frac{1}{4}$ L Step L fwd
7&8 $\frac{1}{4}$ L Side Shuffle R-L-R to R side - 6:00

1-2-3-4 Cross touch/step L behind R, Unwind $\frac{3}{4}$ L, Step R fwd, Pivot $\frac{1}{4}$ turn L onto L
5&6 Cross Shuffle R-L-R
7-8 $\frac{1}{4}$ R Step L back, $\frac{1}{4}$ R Step R to R side (Hinge turn $\frac{1}{2}$ R) - 12:00

1-2-3-4 Rock-step L across R, Replace on R, $\frac{1}{4}$ L Step L fwd, Passing Scuff with R
5-6 Cross-step R over L, Step L to L
7&8 $\frac{1}{4}$ R Step R back, Step L beside R, Touch R heel fwd

1-2-3&4 Step down on R, Step L fwd, Kick R fwd, Step R beside L, Step L back
5-6-7&8 Step R back, Drag L back, L back Coaster Step (L, R, L)

1&2-3-4 Shuffle fwd R-L-R, Step L fwd, Pivot $\frac{1}{2}$ turn onto R - 6:00
5&6-7-8 Shuffle fwd L-R-L, Step R fwd turning $\frac{3}{4}$ L, Step down onto L - 9:00

1-2&3-4 Step R fwd, Touch L beside R, Step L back, Step R fwd, Step L fwd
5-6-7-8 Pivot $\frac{1}{4}$ turn R onto R, Step L across R, $\frac{1}{4}$ L Step R back, $\frac{1}{2}$ L Step L fwd - 3:00

1&2 Kick R towards R diagonal, Step down on R, Cross-step L over R on diagonal
3-4 Big step fwd on R on R diagonal, Drag L to R & touch beside R
5&6 Kick L towards L diagonal, Step down on L, Cross-step R over L on diagonal
7-8 Big step fwd on L on L diagonal, Drag R to L & touch beside L

1-2-3-4 Facing 3:00 Step R fwd, Pivot $\frac{1}{2}$ turn L onto L, Step R fwd, Step L beside R - 9:00
5-6-7&8 Step R back, Drag L back, L back Coaster Cross (L, R, L) - 9:00

Restart: On Wall 3, dance 32 counts and Restart