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La Movidita

32 Count, 4 Wall, Improver Choreographer: Stella Kim (KR) Sept 2016 Choreographed to: La Movidita by Thalia

Intro: 32 counts Whether you dance salsa style or Zumba style, let's just enjoy dance what you like

Section 1 (Side With Swivel, Touch, Side With Swivel, Touch, Side With Swivel, Together,

Side With Swivel. Touch) X 2

1&2& RF side with LF swivel to R, LF beside RF with toe touch, LF side with RF swivel to L,

RF beside LF with toe touch

3&4& RF side with LF swivel to R, LF together, RF side with LF swivel to R,

LF beside RF with toe touch

5&6& LF side with RF swivel to L, RF beside LF with toe touch, RF side with LF swivel to R,

LF beside RF with toe touch

7&8 LF side with RF swivel to L, RF together, LF side with RF swivel to L

Section 2 Diagonal Rocking Chair, Samba Step, (DIAGONAL Heel Grind, Recover,

Diagonal Back, Forward) X 2

1&2& RF cross rock over LF, LF recover, RF diagonal back rock, LF recover(12:00)

3&4 RF cross over LF, LF side rock, RF recover

LF cross heel grind over RF, RF recover, LF diagonal back, RF forward(12:00) 5&6&

7&8& Repeat upper step(12:00)

Section 3 1/4 Turn R With Side Rock, Recover, Behind, Side, Cross, Side Rock, Recover,

Side Rock, Recover, 1/4 Turn L With Side Rock, Recover, Side Rock, Recover

1-2 1/4 turn R with LF side rock. RF recover

LF cross behind RF, RF side, LF cross over RF 3&4 5&6& RF side rock, LF recover, RF side rock, LF recover

7&8& 1/4 turn L with RF side rock, LF recover, RF side rock, LF recover(12:00)

Note: 5-8&: Push your hip in the same direction as the foot on each beat

Section 4 Forward Mambo, Backward Mambo, Pivot 1/4 Turn L, Cross, Side Mambo, Touch

1&2 RF forward rock, LF recover, RF back 3&4 LF back rock, RF recover, LF forward

RF forward, pivot 1/4 turn L (weight LF), RF cross over LF 5&6

7&8& LF side rock, RF recover, LF together, RF beside LF with toe touch(9:00)

Restarts: On the 5th wall, you should dance until 16 counts and start again

On the 9th wall, you should dance until 24 counts and start again

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