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## Country 'n' Cold Cans

32 Count, 2 Wall, Beginner

Choreographer: JR Landry (UK) Sept 2016

Choreographed to: Country & Cold Cans by Dierks Bentley

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### Section 1: 4 Shuffles Forward, RLR, LRL, RLR, LRL

1&2 Shuffle forward right, left, right  
3&4 Shuffle forward left, right, left  
5&6 Shuffle forward right, left, right  
7&8 Shuffle forward left, right, left

### Section 2: R-Heel and L-Toe, 1/4 Turn L-Heel and R-Toe and R-Heel and L-Toe, 1/4 L-Heel and R-Toe

1&2 Right heel forward, bring right foot back next to left, left toe back  
3&4 Turning 1/4 to your left, left heel forward, bring left foot back next to left, right toe back  
5&6 Right heel forward, bring right foot back next to left, left toe back  
7&8 Turning 1/4 to your left, left heel forward, bring left foot back next to left, right toe back

### Section 3: Sailor Step RLR, LRL, RLR, LRL

1&2 Sailor step right, left, right  
3&4 Sailor step left, right, left  
5&6 Sailor step right, left, right  
7&8 Sailor step left, right, left

### Section 4: R-Heel R-Toe Coaster RLR, L-Heel L-Toe Coaster LRL

1,2 Right heel forward, right toe side  
3&4 Coaster step right, left, right  
5,6 Left heel forward, left toe side  
7&8 Coaster left, right, left

**END**