

Steppin'
of the
Page

Script
approved by

A Single Moment



| STEPS | ACTUAL FOOTWORK | CALLING SUGGESTION | DIRECTION |
|-----------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| Section 1 1 - 2 & 3 4 5 & 6 & 7 & 8 | Side Slide & Cross, 1/4 Turn Left, Hip Bumps. Step right to right side. Slide left towards right. Step left back. Cross right over left. Step left to left side making 1/4 turn left. Touch right toe forward bumping hips forward. Bump hips back. Bump hips forward. Bump hips back. Bump hips forward. Bump hips back. Bump hips forward (Taking weight onto right). | Right Slide & Cross Turn Bump & Bump & Bump & Bump | Right Turning left On the spot |
| Section 2 1 - 2 3 & 4 5 6 7 & 8 | Rock Step, Back Lock, Sweep 1/2 Turn Right, Left Lock Forward. Rock forward on left. Rock back onto right. Step back left. Lock right across left. Step left back. With weight on left, sweep right around 1/2 turn right. Take weight onto right beside left. Step forward left. Lock right behind left. Step forward left. | Forward. Rock. Back Lock Step Sweep Step Left Lock Step | On the spot Back Turning right Forward |
| Section 3 1 - 2 3 & 4 5 6 7 - 8 | Rock Step, Back Lock, Sweep 1/2 Turn Left, Touch Forward & Side. Rock forward on right. Rock back onto left. Step back right. Lock left across right. Step right back. With weight on right, sweep left around 1/2 turn left. Take weight onto left beside right. Touch right toe forward. Touch right toe to right side. | Forward. Rock. Back Lock Step Sweep Step Forward. Side. | On the spot Back Turning right On the spot |
| Section 4 1 & 2 3 - 4 5 & 6 7 - 8 | Sailor 1/4 Turn Right, Touch, Side, Sailor 1/4 Turn Left, Rock Step. Cross right behind left. Step left to left side. Step right to right side making 1/4 turn right. Touch left toe forward. Touch left to left side. Cross left behind right. Step right to right side. Step left to left side making 1/4 turn left. Rock forward on right. Rock back onto left. | Sailor Turn Forward. Side. Sailor Turn Forward. Rock. | Left Turning right On the spot Right Turning left On the spot |
| Section 5 1 & 2 3 & 4 5 - 6 7 & 8 | 1/2 Turn Right, Rock, Step Back, Touch, 1/4 Turn Right, Cross Shuffle. Triple step 1/2 turn right, stepping - Right, Left, Right. Rock forward left. Rock back onto right. Step back left. Touch right toe back. Make 1/4 turn right, weight remains on left. Cross right over left. Step left to left side. Cross right over left. | Triple Turn Forward & Back Touch. Turn. Cross Shuffle | Turning right Back Turning right Left |
| Section 6 1 - 3 4 & 5 & 6 & 7 & 8 & | Back, Side, Forward, Right Lock, 1/4 Turn, Weave Left, Back Rock. Step back left. Step right to right side. Step forward left. Step forward right. Lock left behind right. Step forward right making 1/4 turn right. Step left to left side. Cross right behind left. Step left to left side. Cross right over left. Step left to left side. Rock back on right. Rock forward onto left. | Back Side Step Right Lock Turn Step Behind Step Cross Side Back Rock | On the spot Forward Turning right Left On the spot |

INTERMEDIATE/ADVANCED

4 Wall Line Dance:- 48 Counts. Intermediate/Advanced Level.

Choreographed by:- Aiden Montgomery (UK) (Aug. 2000).

Choreographed to:- 'Couldn't Last A Moment' by Collin Raye from Tracks album (Start on vocals).

Choreographers Note:- Section 5, steps 1 & 2 can be replaced with 1 1/2 triple turn right.