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AB Four

32 Count, 4 Wall, Absolute Beginner

Choreographer: Norman Gifford (USA) Sept 2016

Choreographed to: Any good 4 Beat straight rhythm music

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- Section 1 Mambo Steps Forward-Back With Pauses**
1-4 Right rock forward; left replace; right together; pause
5-8 Left rock back; right replace; left together; pause
- Section 2 Side Mambo Steps With Pauses**
1-4 Right rock side; left replace; right together; pause
5-8 Left rock side; right replace; left together; pause
- Section 3 Charleston Step**
1-4 Right step forward; left kick; left replace; right touch back
5-8 Right step forward; left kick; left replace; right touch back
- Section 4 Grapevine Right, Touch, Grapevine Left With A ¼ Turn, Touch**
1-4 Right step side; left behind; right step side; left touch together
5-8 Left step side; right behind; left step side turning ¼ left; right touch [9:00]

Begin Again
