

## Mom

32 Count, 2 Wall, Intermediate  
Choreographer: Karla Carter-Smith (CA) Sept 2016  
Choreographed to: Mom by Meghan Trainor

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- Section 1**      **4 Step Back Touches**  
1,2      Step back on Right foot, touch left beside,  
3,4      Step back on Left foot, touch right beside,  
5,6      Step back on Right foot, touch left beside,  
7,8      Step back on Left foot, touch right beside
- Section 2**      **¼ Turn Right Hold, ½ Turn Left Hold**  
9,10      Right foot step ¼ turn right, hold (facing 3:00)  
11,12      Left foot step ½ turn left, hold (facing 9:00)
- Section 3**      **Rock Step, Kick, Step**  
13-16      Right foot rock step to right side, rock to left on left foot,  
kick right foot across in front of left, step down on right in front of left
- Section 4**      **Rock Step, Kick, Step**  
17-20      Left foot rock step to left side, rock to right on right foot,  
kick left foot across in front of right, step down on left in front of right
- Section 5**      **Toe, Heel, Toe Heel**  
21,22      Touch right toe to right side, step down on right foot  
23,24      Touch left toe across in front of right, step down on left foot
- Section 6**      **Rock, ¼ Turn Left, Walk Walk**  
25,26      Right foot rock step to right side, Rock left foot to left side turning ¼ turn left (facing 6:00)  
27,28      Walk forward right, left
- Section 7**      **Point, Step, Sweep, Step**  
29,30      Point right toe to right side, step down on right crossing right in front left  
31,32      Sweep left toe to left side bring it in front of right foot, step down on left crossing in front of right
- Easy Tag:**      **Happens at the end of the 32 counts of wall 8 (facing 12:00)**  
**Point, Touch, Point, Hold, Vine Right**  
1-4      Point right toe to right side, touch right beside left, point right toe to right side, hold  
5-8      Right foot step to right side, left foot cross behind right stepping down,  
right foot step to right side, touch left beside right
- 9-12      Point, Touch, Point, Hold, Vine Left  
13-16      Point left toe to left side, touch left beside right, point left toe to left side, hold  
Left foot step to left side, right foot cross behind stepping down,  
left foot step to left side, touch right beside left

**Repeat, Have Fun!**