

Lose Yourself In The Rhythm

64 Count, 2 Wall, Intermediate

Choreographer: Alison & Peter (UK) Aug 2016

Choreographed to: I Wanna Dance With You by
Stephanie Urbina Jones

Intro:	Start after 16 Count, approx. 7 secs – 152bpm
Section 1	R Side Rock/Recover, R Back Rock/Recover, ½ L Hinge, Cross Hold
1-4	Rock R side, recover weight on L, rock R back, recover weight on L
5-8	Turning ¼ left step R back, turning ¼ left step L side, cross step R over L, hold (6 o'clock)
Section 2	L Side Rock/Recover, ¼ L Back Rock/Recover, L Fwd, R Fwd, ½ L Pivot Turn, R Fwd
1-2	Rock L side, recover weight on R
3-4	Turning ¼ left rock L back, recover weight on R (3 o'clock)
5-8	Step L forward, step R forward, pivot ½ left, step R forward (9 o'clock)
Section 3	Slow Mambos: L Fwd, Hold, R Fwd Rock/Recover, R Back, Hold, L Back Rock/Recover
1-4	Step L forward, hold, rock R forward, recover weight on L
5-8	Step R back, hold, rock L back, recover weight on R
Section 4	Step ¼ L Into Serpiente
1-2	Step L forward, sweeping R from back to front turn ¼ left on L (6 o'clock)
3-4	Cross step R over L, step L side
	Wall 9 Ending: Dance 28 counts bringing you to front wall add the following:
	Step back on R, cha cha cha L/R/L to beat of music
5-6	Cross step R behind L, sweep L from front to back
7-8	Cross step L behind R, step R side
Section 5	L Cross Step, Hold, R Side, L Together, R Back, Hold, L Side, R Together
1-4	Cross step L over R, hold, step R side, step L together
	Wall 5 Restart: During wall 6 facing back wall, restart after 36 counts
5-8	Step R back, hold, step L side, step R together
Section 6	L Side, Hold, R Cross Rock/Recover, R Side, Hold, L Cross Rock & Recover
1-4	Step L side, hold, cross rock R over L, recover weight on L
	Wall 7 Tag/Restart: During wall 7 facing back wall, add 4 count tag after 44 counts and Restart facing Front wall
	Tag 1-4: Step R side, step L forward, pivot ½ R, step L forward
5-8	Step R side, hold, cross rock L over R, recover weight on R
Section 7	L Fwd, ½ L Hitch, R Cross Walk Hold, L Cross Walk Hold, R Fwd Rock/Recover
1-2	Step L forward, hitching R up turn ½ left on L (12 o'clock)
3-6	Cross step R forward, hold, cross step L forward, hold
7-8	Rock R forward, recover weight on L
Section 8	R Back, L Touch, L Step, Hold, R Fwd, ½ L Pivot Turn, R Fwd, L Together
1-4	Step R back, touch L slightly forward of R, step L down, hold
5-8	Step R forward, pivot ½ left, step R forward, step L together
Tag:	At end of Wall 2, facing front wall, do the following 4 count Tag
1-2	Sway R, hold
3-4	Sway L, hold
