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Saving Me

32 Count, 4 Wall, Beginner

Choreographer: Micaela Svensson Erlandsson (SE) Aug 2016

Choreographed to: You Are Saving Me by Rasmus Eriksson.

Album: The Wind Beneath My Wings

Intro: 32 Counts

Section 1 Right Chasse. Back Rock. Left Grapevine $\frac{1}{4}$ Turn Left. Scuff & $\frac{1}{4}$ Turn Left

1&2 Step right to right. Close left beside right. Step right to right.
3-4 Rock back on left. Recover onto right.
5-7 Step left to left. Cross right behind left. Turn $\frac{1}{4}$ left stepping forward on left.
8 Scuff right turning another $\frac{1}{4}$ left on ball of left foot.

Section 2 Right Chasse. Back Rock. Left Grapevine $\frac{1}{4}$ Turn Left. Scuff.

1&2 Step right to right. Close left beside right. Step right to right.
3-4 Rock back on left. Recover onto right.
5-7 Step left to left. Cross right behind left. Turn $\frac{1}{4}$ left stepping forward on left.
8 Scuff right forward.

Restart here: After Section 2 on Wall 5 (Facing 3 o'clock)

Section 3 Jump Forward. Hold & Clap. Forward Shuffle. Rock Step. Triple Full Turn Left.

&1-2 Jump forward on right. Jump forward on left. Hold & Clap.
3&4 Step forward on right. Close left beside right. Step forward on right.
5-6 Rock forward on left. Recover onto right.
7&8 Make a Triple Full turn over your left shoulder stepping left, right, left.
Easy Option: Replace the Triple full turn with a Coaster Step.

Section 4 Rock Step. Coaster Step. Rock Step Shuffle $\frac{1}{2}$ Turn Left.

1-2 Rock forward on right. Recover onto left.
3&4 Step back on right. Step left beside right. Step forward on right.
5-6 Rock forward on left. Recover onto right.
7&8 Shuffle $\frac{1}{2}$ Turn back over the left shoulder stepping left, right, left.