



Web site: www.linedancerweb.com

E-mail: admin@linedancerweb.com

Till Ya Legs Hurt

64 Count, 2 Wall, Intermediate (Phrased)

Choreographer: Rhoda Lai (CA) Aug 2016

Choreographed to: Till Ya Legs Hurt by 99 Percent

Track:	3:15m
Intro:	16 counts - Sequence: AB AAB AAB AB
Part A	32 counts
Section 1	L Dorothy, R Lock Diagonal, L Forward Rock, ¼ L Chasse L
12&	Step L to L diagonal, lock R behind L, step forward L
3&4	Step R to R diagonal, lock L behind R, step forward R
56	Rock forward L, recover onto R
7&8	¼ L stepping L to L side, step R beside L, step L to L side (9:00)
Section 2	R Forward Rock, R Together-Out-Out-In, Chugs for ½ L
12	Rock forward R, recover onto L
&3&4	Step R beside L, step L out to L side, step R out to R side, step L in to the center
5678	Chug on R with 1/8 L 4 times (ending weight on R) (3:00)
Section 3	L Forward Rock, L Together, R Forward-twist-twist, Back R, L, R Back Rock, R Kick Step
12&	Rock forward L, recover onto R, step L beside R
3&4	Step forward R, twist both heels to the R, twist both heels to the L back to the center
56	Step back R, step back L
7&8&	Rock back R, recover onto L, kick R forward, step R beside L
Section 4	Press L, Recover R - Kick L, L Back - R Hitch-&-Hitch, Sailor ¼ R, L Forward Rock, Recover R-hitch L
12	Press L forward, recover onto R while kicking L forward
3&4	Easy Option: Rock forward L, recover onto R Step L behind R hitching R, step R in place, hitch R while stepping L in place
5&6	Easy Option: L shuffle back ¼ R stepping R behind L, step L to L side, step R to R side (6:00)
78	Rock forward L, recover onto R while hitching L
Part B	32 counts The 1st 3 Bs start facing 6:00. The 4th B starts facing 12:00.
	Assume you start the 1st B at 6:00 and follow the clock reference below:
Section 1	L Diagonal Step-lock-step-lock-step, R Diagonal Step-lock-step-lock-step
12	Step L to L diagonal, lock R behind L (6:00)
3&4	Step L to L diagonal, lock R behind L, step forward L
56	Step R to R diagonal, lock L behind R
7&8	Step R to R diagonal, lock L behind R, step forward R
Section 2	Sway LRLR (Nae Nae), L Forward Pivot ½ R, L Forward Rock
1234	With bent knees, step L to L side and sway to L, R, L, R
	The dance move is called "Nae Nae"
5678	Optional styling: place L hand up in the air and R hand down on the side Step forward L, pivot ½ R, rock forward L, recover onto R (12:00)
Section 3	L Side Together, Twist To The L, R Side Together, Twist To The R
12	Step L to L side, step R beside L
3&4	Twist to the L: heel, toe, heel (ending weight on L)
56	Step R to R side, step L beside R
7&8	Twist to the R: heel, toe, heel (ending weight on R)
Section 4	¼ R Sway L R(Nae Nae), ¼ R Sway L R(Nae Nae), L Forward Rock, Run back LRLR
12	¼ R stepping L to L side with bent knees and swaying to the L, sway R
34	¼ R stepping L to L side with bent knees and swaying to the L, sway R
	Same styling as in S2 (3:00)
56	¼ R stepping L to L side with bent knees and swaying to the L, sway R
	Same styling as in S2 (6:00)
56	Rock forward L, recover onto R
7&8&	Run back L, R, L, R
