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- Intro: 10 seconds**
- Section 1 Lindi Shuffle**
1&2 Step Right Side, Steo Left Together, Step Right Side
3-4 Rock Left Back, Recover
5&6 Step Left Side, Step Right Together, Step Left Side
7-8 Rock Right Back, Recover
- Section 2 Kick Ball Step, Shuffle Forward, Rock Recover, Shuffle Back**
1&2 Kick Right Forward, Step Right Together, Step Left Forward
3&4 Step Right Forward, Step Left Together, Step Right Forward
5-6 Rock Left Forward, Recover
7&8 Step Left Back, Step Right Together, Step Left Back
- Section 3 Walk Back, Coaster Step, Turn ¼ R & 2 Digs, Turn ¼ R & Sway R, Sway L**
1-2 Step Right Back, Step Left Back
3&4 Step Right Back, Step Left Together, Step Right Forward
5&6 Turn ¼ Right & Make 2 Digs with de left foot (in diagonally left)
7-8 Turn ¼ Right & Sway Right, Sway Left
- Section 4 Wizard R&L, Rockin' Chair**
1-2& Step Right Forward, Lock Left Behind Right, Step Right Forward
3-4& Step Left Forward, Lock Right Behind Left, Step Left Forward
5-6 Rock Right Forward, Recover
7-8 Rock Right Back, Recover
- Section 5 Kick Ball Touch (L-R-F), Touch Toe Forward & Hip Bumps**
1&2 Kick Right Forward, Step Right Together, Touch Left Toe to Side
3&4 Kick Left Forward, Step Left Together, Touch Right Toe to Side
5&6 Kick Right Forward, Step Right Together, Touch Left Toe Forward
7&8 Step Left Together, Touch Right Toe Forward & Hip Bump Right, Hip Bump Right
- Section 6 Shuffles Back, Steps Back**
1&2 Step Right Back, Step Left Together, Step Right Back
3&4 Step Left Back, Step Right Together, Step Left Back
5-6 Step Right Back, Step Left Back
7-8 Step Right Back, Step Left Back
Restart Muro 2
- Section 7 Coaster Step, Shuffle Forward, Pivot Turn Forward, Shuffle Forward**
1&2 Step Right Back, Step Left Together, Step Right Forward
3&4 Step Left Forward, Step Right Together, Step Left Forward
5-6 Turn ½ Left and Step Right Back, Turn ½ Left and Step Left Forward
7&8 Step Right Forward, Step Left Together, Step Right Forward
- Section 8 Mambo ¼ L, Cross Mambo, Cross Shuffle, Turn ¼ L, Turn ¼ L**
1&2 Rock Left Forward, Recover, Turn ¼ Left and Step Left to Side
3&4 Cross Rock Right Over Left, Recover, Step Right To Side
5&6 Cross Shuffle Left, Right, Left
7-8 Turn ¼ Left and Step Right Back, Turn ¼ Left and Step Left to Side

Repeat
