



Web site: [www.linedancerweb.com](http://www.linedancerweb.com)

E-mail: [admin@linedancerweb.com](mailto:admin@linedancerweb.com)

## Be The One EZ

32 Count, 4 Wall, Beginner

Choreographer: Annemaree Sleeth (AU) Aug 2016

Choreographed to: Be The One by Du Lipa

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**Track:** 3.23m - BPM Appx. 88

**Intro:** Dance Starts On Lyrics 16 Counts Dance Travels Clockwise To The Right

**Section 1 V Step , Forward Touch, Forward Touch**  
1 - 2 Step R Diag Fwd & Out Step L Diag Fwd & Out  
3 - 4 Step R Back, Step L Together,  
5 - 6 Step R Diag Fwd, Touch L Together  
7 - 8 Step L Diag Fwd, Touch R Together

**Section 2 Monterey ¼, Monterey 1/4**  
1 - 2 Touch R Side, ¼ Turn R, (6.00)  
3 - 4 Touch L Side, Step L Together  
5 - 6 Touch R Side, ¼ Turn R,  
7 - 8 Touch L Side, Step L Together

**Section 3 Rocking Chair, Skate Fwd Twice**  
1 - 2 Rock R Forward, Recover L  
3 - 4 Rock R Back, Recover L  
5 - 6 Skate R Forward, Hold  
7 - 8 Skate L Forward, Hold (6.00)

**Section 4 Rocking Chair Toe Struts ¼ Turn**  
1 - 2 Rock R Forward, Recover L  
3 - 4 Rock R Back, Recover L  
5 - 6 ¼ R Touch R Toe Forward, Drop R Heel  
7 - 8 Touch L Toe Forward, Drop L Heel, (3.00)

**Dance Finish Wall To Front Wall**

**I Am Choosing To Dance Through Any Restarts You May Hear**