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Ain't Nothin' Better

32 Count, 4 Wall, Beginner

Choreographer: Iona Tessmer-Willis (USA) Aug 2016

Choreographed to: Ain't Nothin' Better by The Stickers

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- Intro:** **32 counts**
- Section 1** **R Forward Step Together Step Hold, 2 L Kick Touch**
1-2 R Step Forward, L Step next to R
3-4 R Step Forward, Hold
5-6 L Kick Forward, L Touch next to R
7-8 L Kick Forward, L Touch next to R
- Section 2** **L Forward Step Together Step Hold, 1/2 L Turn: R Pivot, R & L Forward Step**
1-2 L Step Forward, R Step next to L
3-4 L Step Forward, Hold
5-6 R Step Forward, Pivot L 1/2 (with balls of feet)
7-8 Step Forward R & L
- Section 3** **R Rock Forward Hold, L Rock Back Hold**
1-2 R Rock Forward, Recover L
3-4 R Step next to L, Hold
5-6 L Rock Back, Recover R
7-8 L Step next to R, Hold
- Section 4** **1/4 R Turn: 4 Heel Bounces, Hip Bump Or Sways (Option Below)**
&1&2&3&4 R 1/16 turn with weight on Balls of Feet lift (&) and drop heels (1) 4x
5-8 R L R L Hip Bump or Sway (weight on left to start S1 again)
- Option:** **To Heel Bounce: S4 count 1-4**
1/4 R Turn:
1-2 Step R Forward, 3-4 L next to R

Have fun with this great new song by The Stickers, which is currently at #57 & climbing.
