

My Heart

64 Count, 4 Wall, Improver

Choreographer: Bev Bickhoff (UK) Aug 2016

Choreographed to: If My Heart Had Wings by Faith Hill

Album: Breath

Start: 32 Count Intro, Start On Lyrics

Section 1: Diagonal, Lock, Diagonal, Scuff, Diagonal, Lock, Diagonal, Touch

1 2 Step R forward on right diagonal, Lock L behind right
3 4 Step R forward on right diagonal, Scuff L beside right
5 6 Step L forward on left diagonal, Lock R behind left
7 8 Step L forward on left diagonal, Touch R beside left - 12

Section 2: Back, Touch, Back, Touch, Back, Touch, Back, Touch

1 2 Step R back on right diagonal, Touch L beside right with a clap
3 4 Step L back on left diagonal, Touch R beside left with a clap
5 6 Step R back on right diagonal, Touch L beside right with a clap
7 8 Step L back on left diagonal, Touch R beside left with a clap - 12

Section 3: Jazz Box, ¼ Turn Jazz Box Cross

1-4 Cross R over left, Step L back, Step R to right, Step L to left *** (Restart 1)
5-8 Cross R over left, Step L back, Turning 90° right step R to right, Step L across right - 3

Section 4: Side, Hold, Back, Rock, Side, Hold, Back, Rock

1-4 Step R to right, Hold, Step L behind right, Rock onto R
5-8 Step L to left, Hold, Step R behind left, Rock onto L - 3

Section 5: Vine Right, Vine Left (Alternative: Rolling Vines)

1-4 Step R to right, Step L behind right, Step R to right, Touch L beside right
5-8 Step L to left, Step R behind left, Step L to left, Touch R beside left - 3

Section 6: Rocking Chair, Paddle, Paddle

1-4 Step R fwd, Rock back onto L, Step R back, Rock forward onto L
5 6 Step R fwd, Turn 90° left step L to left 12
7 8 Step R fwd, Turn 90° left step L to left ### (Restart 2) - 9

Section 7: Heel, Hook, Heel, Together, Heel, Hook, Heel, Together

1 2 Touch R heel to right diagonal, Hook R foot up across left knee
3 4 Touch R heel to right diagonal, ^^^ Step R beside left (Restarts 3 & 4)
5 6 Touch L heel to left diagonal, Hook L foot up across right knee
7 8 Touch L heel to left diagonal, Step L beside right - 9

Section 8: Diagonal, Swivel RLR, Diagonal, Swivel LRL,

1-4 Step R to right diagonal, Swivel L Heel, Toe, Heel (towards right – weight staying on right)
5-8 Step L to left diagonal, Swivel R Heel, Toe, Heel (towards left – weight staying on left) - 9

Restart 1 Wall 2: After Count 20 ***(9:00)

Restart 2 Wall 3: After Count 48 ### (6:00)

Restarts 3&4 Wall 4 & Wall 6: After Count 51^^^ Touch R Beside Left (3:00 And 9:00 Respectively)

Finish Wall 8: After Count 32 Turn 90° Right And Step R Forward To Finish At The Front Wall.

