

How's Your Mammy

64 Count, 4 Wall, Improver

Choreographer: Mike Hitchen (UK) Aug 2016

Choreographed to: Tuan Beat by Michael English

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- Intro: 32 Count on heavy beat**
- Section 1: Side Together Forward Hold, Step Lock Step Hold,**
1-4 Step right to side, Step left together, Step right forward, Hold.
5-8 Step left forward, Lock right behind left, Step left forward, Hold.
- Section 2: Right Mambo Step Hold, Run Back LRL Hold.**
1-4 Rock right forward, Recover to left, Step right back, Hold.
5-8 Run back LRL, Hold.
- Section 3: Right Sailor Step Hold, Left Sailor 1/4 Left, Hold.**
1-4 Step right behind left, Step left to side, Step right to side, Hold.
5-8 Step left behind right, Step right back 1/4 turn left, step left forward, Hold.
- Section 4: Kick Ball Change Hold, Step 1/2 Step Hold.**
1-4 Kick right forward, Step on ball of right, Step left forward, Hold.
***Restart 3: here wall 6
5-8 Step right forward, Pivot 1/2 turn left, Step right forward, Hold.
- Section 5: Side Shuffle Hold, Rock back Step To Side Hold.**
1-4 Step left to side, Step right together, Step left to side, Hold.
5-8 Rock right behind left, Recover to left, Step right to side, Hold.
- Section 6: Coaster Step Hold, Step Lock Step Hold.**
1-4 Step left back, Step right together, Step left forward, Hold.
**Restart 2: here Wall 4
5-8 Step right forward, Lock left behind right, Step right forward, Hold.
- Sectin 7: Mambo 1/2 Turn Hold, Side Together Forward Hold.**
1-4 Rock left forward, Recover to right, Step left 1/2 left, Hold
5-6 Step right to right side, Step left together, Step right forward, Hold.
- Section 8: Step Lock Step Hold, Bump Hips RLRL.**
1-4 Step left forward, Lock right behind left, Step left forward. Hold.
*Restart 1: here Wall 2
5-8 Step right to side bumping hips RLRL.

*****3 Restarts*****1st Restart wall 2 after 60 counts******2nd Restart wall 4 after 44 counts*******3rd Restart Wall 6 after 28 counts**