

Section 1: Touch Forward, Together, Slide, Touch Forward, Slide

- 1 Touch RF diagonal right
- 2 RF close LF
- 3 RF step diagonal right
- 4 LF touch RF
- 5 LF touch diagonal left
- 6 LF close RF
- 7 LF step diagonal left
- 8 RF touch LF

Section 2: & Out, Hold, & Out, Hold, 4 X Walk Backwards

- & RF step right
- 1 LF step left
- 2 Hold
- & RF in
- 3 LF close RF
- 4 Hold
- 5 RF step back
- 6 LF step back
- 7 RF step back
- 8 LF step on spot

Section 3: Forward Hip Bump, ½ Turn Left, Hip Bump, ¼ Turn Right Hip Bump, ½ Turn Left Hip Bump

- 1 RF touch forward, while doing this bump RH forward.
- 2 ¼ turn left, RF right
- 3 ¼ turn left, LF touch forward, while doing this bump LH forward
- 4 LF step forward
- 5 ¼ turn right, touch forward, while doing this bump RH forward
- 6 ¼ turn left, RF right
- 7 ¼ turn left, LF touch forward, while doing this bump LH forward
- 8 LF step forward

Section 4: Rock Step Forward, Recover, ½ Turn Shuffle Right, ½ Turn Right, Step, Behind, Forward

- 1 RF rock forward
- 2 Recover weight LF
- 3 ¼ turn right, RF step right
- & LF close RF
- 4 ¼ turn right, RF forward
- 5 LF forward
- 6 ½ turn right, weight on RF
- 7 LF step forward
- & RF behind LF
- 8 LF step forward