

**La Pompa**

48 Count, 4 Wall, Intermediate

Choreographer: Ria Vos (NL) Aug 2016

Choreographed to: Mueve La Pompa by Marki, ft. Mista 'O'

**Intro: 40 Counts (± 22 sec)****Section 1 Cross & Heel & Touch & Heel & Cross Samba, ¼ R Cross Samba**

1&2 Cross R Over L, Step L to L Side, Touch R Heel to R Diagonal  
&3 Step Down on R, Touch L Next to R  
&4 Step (Slightly Back) Down on L, Touch R Heel to R Diagonal  
&5&6 Step Down on R, Cross L Over R, Rock R to R Side, Recover on L  
7&8 Cross R Over L with ¼ Turn R, Rock L to L Side, Recover on R

**Section 2 Cross, Side, ½ L Sailor Cross, Side Rock-Cross, Side Rock-Cross, Point**

1-2 Cross L Over R, Step R to R Side  
3&4 Step L Behind R Turning ½ Turn L, Step R Next to L, Cross L Over R  
5&6 Rock R to R Side, Recover on L, Cross R Over L  
&7&8 Rock L to L Side, Recover on R, Cross L Over R, Point R to R Side \*\*\*Restart Point

**Section 3 Step Fwd, Hitch ½ R, Lock Step Fwd, Full Turn L, Mambo Step**

1-2 Step Fwd on R, Turn ½ Turn R on R Hitching L  
3&4 Step Fwd on L, Lock R Behind L, Step Fwd on L  
5-6 ½ Turn L Step Back on R, ½ Turn L Step Fwd on L  
7&8 Rock Fwd on R, Recover on L, Step Back on R

**Section 4 Walk Back with Swivel x2, Reverse Rocking Chair, Walk Back with Swivel x2, Coaster Step**

1-2 Step Back on L Swiveling R Toe Out to R, Step Back on R Swiveling L Toe out to L  
3&4& Rock Back on L, Recover on R, Rock Fwd on L, Recover on R  
5-6 Step Back on L Swiveling R Toe Out to R, Step Back on R Swiveling L Toe out to L  
7&8 Step Back on L, Step R Next to L, Step Fwd on L

**Section 5 Cross-Ball-Cross-Ball-Cross-Ball-Cross Turning Full Turn R, Side Step, Point, Kick-Ball-Cross**

1&2&3& Cross R Over L, Step on Ball of L to L Side- Repeat another 2 times while Turning Full Turn R  
4 Cross R Over L  
5-6 Step L Big Step to L Side, Touch R Behind L (option: snap fingers both hands to L side)  
7&8 Kick R to R Diagonal, Step on Ball of R Next to L, Cross L Over R

**Section 6 & Touch & Bounce, & Touch & Heel & Step Pivot ½ L, Step Pivot ½ L**

&1&2 Step R to R Side, Touch L Next to R, Bump L Hip Up, L Hip Down (weight R)  
&3&4 Step L to L Side, Touch R Next to L, Step Back on R, Touch L Heel Fwd  
&5-6 Step L Next to R, Step Fwd on R, Pivot ½ Turn L  
7-8 Step Fwd on R, Pivot ½ Turn L

**Restart: On Wall 3 After 16 Counts (3:00)**