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Stop And Drink

32 Count, 4 Wall, Beginner

Choreographer: Jill Weiss (USA) Aug 2016

Choreographed to: Stop and Drink by George Strait.

Album: Cold Beer Conversation

Intro: 32 Counts - Start dancing on lyrics.

No Tags/Restarts

Section 1 Modified ½ Rhumba Box, Left Rocking Chair

1-2-3&4 Step right to right, step left next to right (weight to left), shuffle forward R-L-R
5-8 Step forward on L, rock back to R, step back on L, rock forward to R

Section 2 Modified ½ Rhumba Box, Rock R Forward, Rock R Side

1-2-3&4 Step left to left, step right next to left (weight to right), shuffle forward L-R-L
5-6 Step forward on R, rock back to L
7-8 Step right to right, replace weight to L

Section 3 Step Behind-Side-Cross, Small Twist, ¼ Twist To Left, Hold, Stomp Up 2x

1-3 Step R behind L, step L to left, step R in front of L
4 Twist toes slightly to R (this is a "wind up" for next count!)
5-6 Twist toes ¼ to left (9:00), Hold
7-8 Stomp right twice without weight (weight stays on left)

Section 4 Rock Forward, Replace, Shuffle Back, Rock Back, Replace, Step Forward, Touch

1-2-3&4 Step forward on R, rock weight back to L, shuffle back R-LR
5-6 Step back on L, rock weight forward to R
7-8 Step forward on L, touch R next to L

Optional Hand Motions: In the third set of 8, the music often says "Stop & Drink". You can put either hand up in front of you to say "Stop" as you stomp twice. You can also then throw down an imaginary shot of your favorite liquid as you step forward on the first count of the fourth set of 8.

Repeat