

**Bow Legged Boogaloo**

BEGINNER

48 Count

Choreographed by: Lance Pritchard

Choreographed to: Any Way The  
Wind Blows by Brother Phelps**CROSS TAP, HOP, STEP, HOP**

- 1 Cross right over left and tap
- 2 Raise right knee bringing it back to straight position and hop on left
- 3 Step on right next to left
- 4 Raise left knee, bringing it back to straight position and hop on right

**CROSS TAP, HOP, STEP, CLAP**

- 5 Cross left over right and tap
- 6 Raise left knee, bringing it back to straight position and hop on right
- 7 Step left next to right and clap
- 8 Hold foot position and clap

**JUMPING JACK, LEFT HEEL, STEP**

- 9 Jump moving both feet out to sides
- 10 Jump bring feet back together
- 11 Touch left heel out at 45 degrees
- 12 Step left next to right with a jumping motion

**RIGHT HEEL STEP, JUMPING JACK**

- 13 Touch right heel out at 45 degrees
- 14 Step right next to left with a jumping motion
- 15 Jump moving both feet out to sides
- 16 Jump bring feet back together

**SHUFFLE TURN FORWARD, SHUFFLE TURN FORWARD**

- 17 & 18 Shuffle forward right, left, right turning 1/2 left
- 19 & 20 Shuffle forward left, right left turning 1/2 left

**TURN 1/4 LEFT AND HOP TWICE, STOMP, STOMP**

- 21 Hop 1/4 turn left on left
- 22 Hop on left
- 23 Stomp right
- 24 Stomp left

**KNEE ROLLS RIGHT AND LEFT**

- 25 - 26 Roll right knee in to the right circle taking 2 counts
- 27 - 28 Roll left knee in counter-to the right circle taking 2 counts

**SWIVET RIGHT, SWIVET LEFT**

- 29 With weight on ball of left and heel of right, raise left heel and right toe and twist towards right (left heel is pointed left)
- 30 Return feet to home position
- 31 With weight on ball of right and heel of left, raise right heel and left toe and twist towards left (right heel is pointed right)
- 32 Return feet to home position

**ROCKING CHAIR**

- 33 Rock forward on right
- 34 Rock back on left
- 35 Rock back on right
- 36 Rock forward on left

**1/4 TURN WITH ROCKING CHAIR**

- 37 Pivoting on ball of left 1/4 turn left, rock forward on right
- 38 Rock back on left
- 39 Rock back on right
- 40 Rock forward on left

**STEP FORWARD, HOLD, TOUCH, HOLD**

- 41 Step forward on right
- 42 Hold
- 43 Touch left to side
- 44 Hold

**STEP FORWARD, HOLD, TOUCH, HOLD**

- 45 Step forward on left
- 46 Hold
- 47 Touch right to side
- 48 Hold

**REPEAT**

---

(24299)

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA  
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 \*charged at 10p per minute