

Marlena

32 Count, 2 Wall, Beginner

Choreographer: Frank Heelan (Irl) 2016

Choreographed to: Marlena by The David Country Band

Sec. 1 Walk, Walk, Side Rock Cross, Side, Back, Sailor ¼ Turn.

- 1-2 Walk forward right, left.
3&4 Rock right to right, replace to left, cross right over left.
5-6 Step left to left, step back right.
7&8 Turn ¼ left, sweep left behind right, step right to right, left forward.

Sec 2 Step Lock, Step Lock Step, Rock Recover, Chasse ¼ Turn.

- 1-2 Step right forward, lock left behind.
3&4 Step right forward, lock left behind, right forward.
5-6 Rock left forward, recover to right.
7&8 Turn ¼ left stepping left to left, step right next to left, step left to side.

Sec 3 Front, Side, Behind, Side, Cross, Side Rock, Recover ¼ Right, Shuffle ½ Turn Right.

- 1-2 Step right over left, step left to left.
3&4 Step right behind, left to left, step right over left.
5-6 Rock left to left, recover ¼ turn right.
7&8 Turn ¼ right, step left to left, step right together, turn ¼ right stepping back left.

Sec 4 Rock Recover, Shuffle Forward, Rock Recover, Step Back, ¼ Step Right, Step Left.

- 1-2 Rock back right, recover to left.
3&4 Step right forward, left together, right forward.
5-6 Rock forward left, recover to right.
7&8 Step back left, turn ¼ right stepping right to right, step forward left.

There is one restart on wall 5. Dance the first 16 counts and restart facing 6.00.

There is a quickstep tempo to the dance throughout: S S Q Q S.