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The One

32 Count, 4 Wall, Absolute Beginner
Choreographer: Linda Pink (AU) Jun 2016
Choreographed to: Still The One by Orleans.
Album: Still The One

No Tags/Restarts

Introduction: 32 counts - 3.53 min

Split Floor for S.T. One (Still The One)

Section 1 Step, Lock, Step, Scuff, Step, Lock, Step, Touch

1,2 Step R Forward, Lock L Behind R,
3,4 Step R Forward, Scuff L
5,6 Step L Forward, Lock R Behind L,
7,8 Step L Forward, Touch R next to L

Section 2 Back, Touch, Back, Touch, Back, Touch, Back, Touch

1,2 Step R Back at 45 deg Right, Touch L next to R
3,4 Step L back at 45 deg Left, Touch R next to L
5,6 Step R Back at 45 deg Right, Touch L next to R
7,8 Step L back at 45 deg Left, Touch R next to L

Section 3 Vine Right & Touch, Vine Left ¼ Turn & Scuff

1,2 Step R to the side, Step L behind R,
3,4 Step R to the side, Touch L next to R
5,6 Step L to the side, Step R behind L,
7,8 Turn ¼ turn Left step L Forward , Scuff R Forward

Section 4 Heel Strut, Heel Strut, "V" Step

1,2 Step R Heel Forward, Drop R toe to the Floor
3,4 Step L Heel Forward, Drop L toe to the Floor
5,6 Step R Forward at 45 deg Right, Step L Forward at 45 deg Left
7,8 Step R back to the centre, Step L next to R