

Hold On (Apocalyptic Mind)

64 Count, 2 Wall, Intermediate

Choreographer: Alan Birchall & Jacqui Jax (UK) Jul 2016

Choreographed to: Hold On by Richard Ashcroft

Intro: 15 Counts**Section 1: Cross, ¼, ¼ Cross, Rock, Recover, Behind, Side, Cross**

1-2 Cross Right Over Left, Make ¼ Turn Right Stepping Back On Left 3:00
3-4 Make ¼ Turn Right Stepping Right To Right, Cross Left Over Right 6:00
5-6 Rock Right To Right, Recover On Left
7&8 Cross Right Behind Left, Step To Left, Cross Right Over Left

Section 2: Toe & Heel Switches, Sailor Step, Touch Back, Unwind

9&10 Point Left To Left, Step Left By Right, Touch Right Heel Forward
&11&12 Step Right By Left, Touch Left Heel Forward, Step Left By Right, Point Right To Right
13&14 Cross Right Behind Left, Step Left By Right, Step Right In Place
15-16 Touch Left Toe Back, Unwind ½ Turn Left 12:00

Restart Here During Wall 3*Section 3: Rock Forward, Recover, 1½ Triple Turn, Rock, Recover, Jump Back, Step Back**

17-18 Rock Forward On Right, Recover On Left
19&20 1½ Triple Turn Right Stepping Right, Left, Right 6:00 Alternative: ½ Shuffle Turn
21-22 Rock Forward On Left, Recover On Right
&23-24 Jump Back Landing Left, Right, Step Back On Left

Section 4: Rock Back, Recover, ¼ Shuffle Turn X3

25-26 Rock Back On Right, Recover On Left
27&28 ¼ Shuffle Turn Left Stepping Right, Left, Right 03:00
29&30 ¼ Shuffle Turn Left Stepping Left, Right, Left 12:00
31&32 ¼ Shuffle Turn Left Stepping Right, Left, Right 09:00

****Dance Ends Here During Wall 8****Section 5: Jazz Box, Cross, ¼ Turn, ½ Turn, Step ¼ Turn**

33-34 Cross Left Over Right, Step Back On Right
35-36 Step Left To Left, Cross Right Over Left
37-38 Making ¼ Turn Right, Step Back On Left, Making ½ Turn Right Step Forward On Right 06:00
39-40 Step Forward On Left Make ¼ Turn Right 09:00

Section 6: Cross Point X 2, Cross, Back, ¼ Shuffle Turn

41-42 Cross Left Over Right, Point Right To Right (Travelling Slightly Forward)
43-44 Cross Right Over Left, Point Left To Left (Travelling Slightly Forward)
45-46 Cross Left Over Right, Step Back On Right
47&48 ¼ Shuffle Turn Left Stepping Left, Right, Left 06:00

Section 7: Cross, Unwind Full Turn, Side Shuffle, Cross Rock, Recover, Full Triple Turn

49-50 Cross Right Over Left, Unwind Full Turn Left
51&52 Step Left To Left, Right By Left, Step Left To Left
53-54 Cross Rock Right Over Left, Recover On Left
55&56 Full Triple Turn Right Stepping Right, Left, Right 06:00 Alternative: Side Shuffle

Section 8: Cross, Point, Cross Back, Point, Cross, Rock & Cross, Step

57-58 Cross Left Over Right, Point Right To Right
59-60 Cross Right Behind Left, Point Left To Left
61-62 Cross Left Over Right, Rock Right To Right
&63-64 Recover On Left, Cross Right Over Left, Step Left To Left 06:00

Start Again!