

**Born To Run**

48 Count, 4 Wall, Improver

Choreographer: PJ Badrick (UK) Jul 2016

Choreographed to: A Good Day To Run by Darryl Worley

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- Section 1      Left Rumba Box With Step Back**  
1 - 4      Step Left Foot To Left Side, Close Right Beside Left, Step Forward On Left Foot,  
            Touch Right Beside Left  
5 - 8      Step Right Foot To Right Side, Close Left Beside Right, Step Back On Right Foot,  
            Step Back On Left Foot
- Section 2      Back Rock, Recover, ½ Turn Left, Hold, Rock Back, Recover, ¼ Turn Right, Touch**  
1 - 2      Rock Back On Right Foot, Recover Weight Forward Onto Left Foot  
3 - 4      Make ½ Turn Left Stepping Back On Right Foot, Hold (6:00)  
5 - 6      Rock Back On Left Foot, Recover Weight Forward Onto Right Foot  
7 - 8      Make ¼ Turn Right Stepping Left Foot To Left Side, Touch Right Beside Left (9:00)  
**Restart (Wall 4): Replace Count 16 With A Step Together Then Restart From  
The Beginning (12:00)**
- Section 3      Side Step Right, Touch, Side Point, Touch, Left Vine ¼ Turn, Scuff**  
1 - 4      Step Right Foot To Right Side, Touch Left Beside Right, Point Left Toe To Left Side,  
            Touch Left Beside Right  
5 - 6      Step Left Foot To Left Side, Cross Right Behind Left  
7 - 8      Make ¼ Turn Left Stepping Forward Onto Left Foot, Scuff Right Foot Forward (6:00)
- Section 4      Step, Hold With Finger Clicks, Pivot ¼ Turn Left, Hold With Finger Clicks,  
Right Jazz Box With Touch**  
1 - 4      Step Forward On Right Foot, Click Fingers, Pivot ¼ Turn Left, Click Fingers (3:00)  
5 - 8      Cross Right Over Left, Step Back On Left Foot, Step Right Foot To Right Side,  
            Touch Left Toe In Place
- Section 5      Side Rock, Recover, Cross, Hold X 2**  
1 - 4      Rock Left Foot To Left Side, Recover Weight To Right Foot, Cross Step Left Over Right, Hold  
5 - 8      Rock Right Foot To Right Side, Recover Weight To Left Foot, Cross Step Right Over Left, Hold
- Section 6      Chase Turn Right, Scuff, Run Forward, Touch**  
1 - 4      Step Forward On Left Foot, Pivot ½ Turn Right, Step Forward On Left Foot, Hold (9:00)  
5 - 8      Run Forward – Stepping Right Left Right, Touch Left Beside Right
- Restart:      Following Count 16 During Wall 4.  
Once You Complete The ¼ Turn Right, Replace The Touch (Count 16) With A  
Step Together, Then Start From The Beginning.**

**Dedicated To My Good Friend Carol Who Recommended This Song To Me :-)**

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