

ROCK STEPS, SHUFFLE FORWARD, PIVOT, CROSS, SHUFFLE BACK

- 1 Step forward on left
- 2 Rock back onto right
- 3 & 4 Shuffle forward (left-right-left)
- 5 Step forward on right
- & Pivot 1/2 to the left on right
- 6 Cross left behind right and step
- 7 & 8 Shuffle backward (right-left-right)

MILITARY TURNS, FORWARD SHUFFLES

- 9 Step forward on left
- 10 Pivot 1/4 to the right on left foot and shift weight to right
- 11 & 12 Shuffle forward (left-right-left)
- 13 Step forward on right
- 14 Pivot 1/4 turn to the left on right and shift weight to left
- 15 & 16 Shuffle forward (right-left-right)

CROSS ROCKS, CROSS SHUFFLES

- 17 Cross left over right and step
- 18 Rock back onto right
- 19 With legs crossed, step slight to the right with left
- & Step right next to left heel
- 20 Keep legs crossed step slightly to right with left
- 21 Cross right over left and step
- 22 Rock back onto left
- 23 With legs crossed, step slightly to the left with right
- 24 With legs crossed, step slightly to the left on right

URNS, FOOT SWINGS

- 25 Step to the left with left
- 26 Step to the right with right turning 1/4 right
- 27 Step forward on left making a 1/2 turn right with the step
- 28 Shift weight to right
- 29 Swing left low over right and step
- 30 Hold
- 31 Swing right low over left and step
- 32 Hold
- 33 Swing left low over right and touch left toe to outside of right
- 33 - 36 Slowly unwind 1/2 to the right while bending knees (weight on right)

REPEAT
