

Tears Up Your Heart

INTERMEDIATE

64 Count 2 Walls

Choreographed by: Michael Lynn

Choreographed to: You Don't Know Love by Olly Murs

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- A1 SIDE, CROSS, KICK BALL CROSS, SIDE TOGETHER, FORWARD RIGHT SHUFFLE**
1 - 2 Step right to right side, cross left behind right,
3 & 4 Kick right forward, step right in place, cross left over right,
5 - 6 Step right to right side, close left beside right,
7 & 8 Step forward right, close left beside right, step forward right.
- A2 ROCK RECOVER 1/2 TURN LEFT. ROCK RECOVER 1/2 TURN RIGHT, FULL TURN**
1 - 2 - 3 Rock forward left, recover right, turn 1/2 turn left stepping forward left,
4 - 5 - 6 Rock forward right, recover left, turn 1/2 turn right stepping forward right,
7 - 8 Make a full turn over the right shoulder, stepping left 1/2 back, right 1/2 forward.
ALT Counts 7-8 can be replaced with two walks forward stepping left, right.
- A3 1/4 LEFT HEEL GRIND, STEP TOGETHER, UPPITY HEELS, BACK TOE 1/4 PIVOT TURN, LEFT HEEL/TOE SWIVEL**
1 - 2 Touch left heel forward, grind 1/4 turn left taking weight onto right as you step back,
3 & 4 Step left next to right, lift both heels up, place heels back down (keeping weight on left),
5 - 6 Touch right toe back, pivot 1/4 turn right (taking the weight onto the right),
7 & 8 Swivel left heel to right, swivel left toes to right, swivel left heel to right (taking the weight).
- A4 SIDE ROCK RECOVER, CROSS, UNWIND 3/4 TURN, WALK, WALK, RUN RUN RUN**
1 - 2 Rock right to right side, recover left,
3 - 4 Cross right behind left, unwind a 3/4 turn,
5 - 6 Step forward left towards 10:00, step forward right towards 12:00,
7 & 8 Step forward left towards 2:00, step forward right towards 4:00, step forward left towards 6:00.
NOTE Counts 5-8 are meant to curve right as you 3/4 turn stepping LRLRL.
- B1 SIDE SWAYS x4, JAZZ BOX 1/4 TURN RIGHT**
1 - 2 - 3 - 4 Step right to right side as you sway right, left, right, left
5 - 6 Cross right over left, step left 1/4 turn right,
7 - 8 Step right to right side, step forward left.
- B2 SIDE ROCK RECOVER, BACK ROCK RECOVER, FRONT KICK, SIDE KICK, KICK BALL CROSS**
1 - 2 Rock right to right side, recover left,
3 - 4 Rock back right, recover left,
5 - 6 Kick right forward, kick right to right side,
7 & 8 Kick right forward, step right next to left, cross left over right.
- B3 SIDE SWAYS x4, JAZZ BOX 1/4 TURN RIGHT**
1 - 2 - 3 - 4 Step right to right side as you sway right, left, right, left
5 - 6 Cross right over left, step left 1/4 turn right,
7 - 8 Step right to right side, step forward left.
STYLING Counts 1-4 wave goodbye on the first & second time you dance B.
- B4 STEP HEEL SWIVELS, BACK STEP, HEEL SWIVELS, STEP-PIVOT 1/2 TURN**
1 - 2 - 3 Step forward right, twist both heels 1/4 turn right, twist both heels 1/4 turn left,
4 - 5 - 6 Step back, twist both heels 1/4 turn left, twist both heels 1/4 turn right,
7 - 8 Step forward right, pivot 1/2 turn left (taking the weight onto left).
ENDING The dance will end on the front wall. Make an open heart with your hands to end the dance.
- NOTES**
ORDER AAB AAB AAB A ENDING
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