



Web site: [www.linedancerweb.com](http://www.linedancerweb.com)

E-mail: [admin@linedancerweb.com](mailto:admin@linedancerweb.com)

## Secret Love Of Heroes

32 Count, 2 Wall, Beginner

Choreographer: Gary Spurway (UK) Jul 2016

Choreographed to: Secret Love Song By Little Mix,  
ft. Jason Derulo

---

### Alternative music: Heroes by Mans Zelmerlow

\*Little Mix – start on hard beat after she sings “Cause I'm Yours” (slow song)

\*\*Mans Zelmerlow - start after he sings “We Are The Heroes Of Our Time” either the 1st time (about 37 secs in but no prominent beats) or on the hard beat after he sings it the 3rd time (about 1:08 in) ( fast song)

#### Section 1 Turned Chasse In A Box

1&2 Turn  $\frac{1}{4}$  to the left and step to right, step left to right, step right to side  
3&4 Turn  $\frac{1}{4}$  to the left and step to the left ,right together, step left  
5&6 Turn  $\frac{1}{4}$  to the left and step to right, step left to right, step right to side  
7&8 Turn  $\frac{1}{4}$  to the left and step to the left ,right together, step left

#### Section 2 Walk Walk Mambo, Back Back Coaster Cross

1-2 Walk forward right, left  
3&4 Rock on right, recover on left, step back right  
5-6 Back left, right  
7&8 Step back left, step right together, step forward left

#### Section 3 Cross And Rock, Cross And Rock, Step $\frac{1}{2}$ Turn, Scuff Scoot Step

1&2 Cross right in front of left, rock on to left, recover on to right  
3&4 Cross left in front of right, rock on to right, recover on to left  
5-6 Step right forward and do  $\frac{1}{2}$  turn  
7&8 Scuff right forward, hitch right and scoot forward, step right down  
**Easy Option: Remove the Scoot Forward**

#### Section 4 Side Close, Side Close Side, Heel Switches Clap

1-2 Step left to side, step right together  
3&4 Step left to side, step right together, left to side  
5-6 Right heel forward, right heel in and left heel forward  
7-8 Left heel back and right heel forward, clap hand

**Start Again**

**Any Feed Back Is Appreciated**