
Count In: 16 counts (start on vocals)

- Section 1: Step, Rock & Cross, Side, Behind, ¼ Turn, Step Fwd & Sweep, Cross, Step Back, Sway, Recover, Back Lock ¼ Turn**
- 1-2&3 Step RF fwd to L diagonal (10:30), Rock Lf to L side, Recover onto RF (straightening to 12:00), Cross Step LF over R (12:00)
- &4&5 Step RF to R side, Step LF behind R, Make ¼ R stepping fwd onto RF, Step Fwd onto LF while sweeping RF around & fwd (3:00)
- 6&7& Cross RF over L, Step back onto LF, Rock RF to R side while swaying hips R, Recover weight onto LF (3:00)
- 8&1 Step back onto RF, Lock LF in front of R, Step RF to R making ¼ turn R (6:00)
- Section 2: ¼ Turn Left, Full Turn Left, Touch Ball Step, Rock Forward, Recover, Step, Rock Forward, Recover, Step**
- 2&3 Step fwd onto LF making ¼ turn L, ½ turn L stepping back onto RF, ½ turn L stepping fwd onto LF (3:00)
- &4& Touch R toe fwd, Step RF beside L, Step fwd onto LF (3:00)
- 5-6& Rock fwd onto RF, Recover onto LF, Step RF beside L (3:00)
- 7-8& Rock fwd onto LF, Recover onto RF, Step LF beside R (3:00)
- Section 3: Step Fwd Into Hitch ½ Turn, Runs Fwd, Rock Fwd, Recover, Rock Side, Recover, Rock Back, Recover, Step Out, Step Out, Touch, Kick Fwd**
- 1 Step fwd onto RF while lifting L knee into a hitch and making 1/2 turn L (9:00)
- 2&3 Run Fwd L-R-L (9:00)
- 4&5& Rock RF fwd, Recover onto LF, Rock RF to R side, Recover onto LF (9:00)
- 6&7& Rock back onto RF, Recover onto LF, Step RF out to R side, Step LF out to L side (9:00)
- 8& Touch R toe beside LF, Kick RF fwd (9:00)
- Section 4: Large Step Back, Side Rock ¼ Turn, Recover, Step Behind, ¼ Turn, Step Forward, Pivot ½ Turn, Large Step Left Making ¼ Turn, Close, Swivel Heels Right, Left, Kick Out, Step Behind, Step Side**
- 1 Large step back onto RF (9:00)
- 2&3 Making ¼ turn L Rock LF out to L, Recover onto RF, Step LF behind R (6:00)
- &4& Step RF fwd making ¼ turn R, Step fwd on LF, Pivot ½ turn R (3:00)
- 5-6 Make ¼ turn R stepping LF to L side, Close RF beside L (6:00)
- &7& Swivel heels 1/8 turn R to face 4:30, Swivel heels 1/8 turn L to come back to 6:00, Kick RF out to R Diagonal (6:00)
- 8& Step RF behind LF, Step LF to L side (6:00)