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## Hey City Girl

32 Count, 4 Wall, Beginner

Choreographer: Ilona Tessmer-Willis (USA) Jul 2016

Choreographed to: Countrified by The Stickers

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**Track:** 2:40m - BPM: 120

**Intro:** 16 counts - Wall 7 –there's a 4 count pause in the music after S8, hold, start S1

**Section 1: Stomp Forward R & L, Heel Swivels, Step Back R & L, R Heel Hitch**

1-2 R Forward Stomp, L Forward Stomp next to R  
3&4 Weight is on the balls of both feet, swivel both heels L R L (Feet closer together)  
5-6 R Step Back, L Step Back next to R  
7-8 R Heel Touch, R Hitch (hitch the knee up with weight on the opposite foot)

**Section 2: Stomp Forward R & L, Heel Swivels, Step Back R & L, R Heel Hitch**

1-2 R Forward Stomp, L Forward Stomp next to R  
3&4 Weight is on the balls of both feet, swivel both heels L R L (Feet closer together)  
5-6 R Step Back, L Step Back next to R  
7-8 R Heel Touch, R Hitch (hitch the knee up with weight on the opposite foot)

**Section 3 1/4 Right Turn: R Shuffle Forward, L Shuffle Forward, Left Full Pivot Turn**

**Option: R Rocking Chair, See S4 Counts 1-4**

1&2 Turn 1/4 to Right: R Step Forward, L Step next to R, R Step Forward  
3&4 L Step Forward, Step R next to L, L Step Forward  
5-8 R Step Forward, Pivot L 1/2 with balls of feet, R Step Forward, Pivot L 1/2 with balls of Feet

**Section 4: R Rocking Chair, R & L Forward Shuffles**

1-4 R Rock Forward, L Recover, R Rock Back, L Recover  
5&6 R Step Forward, L Step next to R, R Step Forward  
7&8 L Step Forward, R Step next to L, L Step Forward

**Have fun dancing to this catchy country song.**