



Web site: www.linedancerweb.com

E-mail: admin@linedancerweb.com

Cowgirl Polka

32 Count, 4 Wall, Beginner (Polka)

Choreographer: Pat Newell (USA) Jun 2016

Choreographed to: I Want To Be a Cowboy's Sweetheart by
Suzy Bogguss

-
- Section 1** **Heel Hook, Triple Right And Left Heel Hook Triple Left**
1, 2 3&4 R heel fwd, hook over L, triple R, L, R
5, 6 7&8 L heel fwd, hook over R, triple L, R, L
- Section 2** **Vine Right, Triple, Vine Left Triple To ¼ L**
1,2 3&4 Step R to R, L behind R, triple R, L, R
5,6 7&8 Step L to L, R behind L, turn ¼ L, triple L, R, L (9:00)
- Section 3** **Rock Right Over Left, Triple, Rock Left Over Right, Triple**
1,2 3&4 Rock R over L, recover on L, triple R, L, R
5,6 7&8 Rock L over R, recover on R, triple L, R, L
- Section 4** **Rock Forward On R, Recover, ¼ Turn Right Triple, Rock Recover Coaster**
1,2 3&4 Rock R forward, recover on L, (starting the ¼ R turn) ¼ turn R, triple step (3:00)
5,6 7&8 Rock L forward, recover on R, step back on L, step R together with L, step L fwd
Begin Again

NO TAGS, NO RESTARTS

DANCE FOR THE HEALTH OF IT
