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## Sexy La Movidita

64 Count, 4 Wall, Intermediate (Phrased)  
Choreographer: Anthony (ID) Jun 2016  
Choreographed to: La Movidita by Thalia.  
Album: Latina

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**Pattern: AA - BB - TAG - ABB - A(1-24)BB - A(1-8).**

**Part A: 32 Counts**

**Section 1 Forward Walk – Forward Mambo Step – Backward Walk, Coaster Step**

1-2 walk forward on: R, L  
3&4 R step forward, recover to L, R step backward  
5-6 walk backward on: L,R  
7&8 L step backward, R step next to L, L step forward

**Section 2 Charleston – Toe Twist Forward – Toe Twist Backward**

1-2 R touch forward with sweep action, R step backward with sweep action  
3-4 L touch backward with sweep action, L step forward with sweep action  
5&6 R touch forward and swivel the heel inward, R swivel heel outward, R swivel heel inward  
7&8 R touch backward and swivel heel inward, R swivel heel outward, R swivel heel inward

**Section 3 Cumbia Step – Modified Backward Toe Strut**

1&2 R step behind L, recover to L, R step to right side  
3&4 L step behind R, recover to R, L step to left side  
5&6 R step backward on ball with chest push forward, chest pull backward, step on R and chest push forward  
7&8 L step backward on ball with chest push forward, chest pull backward, step on L and chest push forward

**Section 4 Modified Twist – Hip Roll – Body Ripple**

1&2& R step to right side on ball swivelled outward, R swivel on ball inward, R swivel on ball outward, step on R  
3&4& L step to left side on ball swivelled outward, L swivel on ball inward, L swivel on ball outward, step on L  
5&6 bend down on both knee and make a counter clock wise hip roll  
7-8 body ripple forward diagonally to left for two counts

**Note: For a better movement, use shoulder-blade pistons while you are moving on count: 5&6**

**Part B: 32 Counts**

**Section 1 Slide – Drag – Touch – Touch – Hitch – Turn ¼ To Right – Side Step**

1 R big step to right side  
2-3-4 L drag next to R for 3 (three) counts  
5-6 R touch forward, R touch to right side  
7-8 turn ¼ to right and R hitch (03.00), R step to right side

**Section 2 Split Timing Upper Hip Action – Hip Roll – Looping Hand Action**

1-2 upper body turn 1/8 to left (01.30), upper body turn ¼ to right (04.30)  
3-4 upper body turn ¼ to left (01.30), upper body turn ¼ to right (04.30)  
5-6-7-8 upper body turn 1/8 to left (03.00) for 4 (four) counts with R arm moves from right side to left shoulder and L arm moves from right side to back while the lower hip rolls for 4 (four) counts to counter clock wise direction

**Section 3 Modified Open Step – Shooting Hand Action – Jazz Box**

1-2 R step to right side on ball (bended R knee), step on R and throw head to right side with shooting action on L hand onto left forehead  
3-4 L step to left side on ball (bended L knee), step on L and throw head to left side with shooting action on R hand onto right forehead  
5-6 R cross over L, L step backward  
7-8 R step to right side, L cross over R

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**Section 4****Heel Jack – Pivot ¼ - Cross – Three Steps Turn**

- 1& R step slightly to right side, L cross slightly behind R  
2& R step slightly to right side, L touch forward diagonally to left on heel  
3& L step slightly to left side, R cross slightly in front of L  
4& L step slightly to left side, R touch forward diagonally to right on heel  
5&6 R step forward, turn ¼ to left and recover to L (12.00), R cross in front of L  
7&8 turn ¼ to left then L step slightly backward (03.00), turn ½ to right then R step slightly forward (09.00), turn ½ to right then L step slightly backward (03.00)

**Tag:** There is a Tag in this dance.

**Do the Choreography below for a nice Tag, then restart the Dance.**

**I. Forward Walk – Forward Mambo Step – Backward Walk – Coaster Step**

- 1-2 walk forward on: R, L  
3&4 R step forward, recover to L, R step backward  
5-6 walk backward on: L,R  
7&8 L step backward, R step next to L, L step forward

**II. Criss Cross Volta – Walk Around**

- 1a2 turn ¼ to left then R step to right side (03.00), L cross slightly in front of R,  
R step to right side  
3a4 turn ½ to right then L step slightly to left side (09.00), R slightly cross in front of L,  
L step to left side  
5-6-7-8 walk around forward directing to 12.00 on : R, L, R, L

**Enjoy The Dance**

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