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## Take A Pill

32 Count, 4 Wall, Intermediate

Choreographer: Michael Diven (USA) Jun 2016

Choreographed to: I Took a Pill in Ibiza (Seeb Remix) Explicit  
by Mike Posner

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**Intro:** 32 counts, start dancing on the lyrics

**Section 1 Step, Lock, Locking Shuffle, Rock, Recover, ¼ Turning Shuffle**

1-2 Step forward on right foot, lock left foot behind right foot  
3&4 Step forward on right foot, lock left foot behind right foot, step forward on right foot  
5-6 Rock forward on left foot, recover weight back on right foot  
7&8 Pivot ¼ turn left stepping left foot to left side, step right foot next to left foot, step left foot to left side

**Section 2 Turning Grapevine, Point, Grapevine w/ ½ Turn**

1-2 Cross step right foot over left, pivot ¼ turn right stepping back on left foot  
3-4 Pivot ¼ turn right stepping right foot to right side, point left toe to left side  
5-6 Step left foot to left side, step right foot behind left foot  
7-8 Pivot ¼ turn left stepping forward on left foot, pivot ¼ turn left stepping right foot to right side  
**Intermediate dancers can complete 1 ½ turns to the left on counts 5-8**  
5-6 Pivot ¼ turn left stepping forward on left foot, pivot ½ turn left stepping back on right foot  
7-8 Pivot ½ turn left stepping forward on left foot, pivot ¼ turn left stepping right foot to right side

**Section 3 Cross Behind, Point, Cross Step, Point, Cross Behind, Point, Cross Step, Point**

1-2 Step left foot behind right foot, point right toe to right side  
3-4 Cross step right foot over left, point left toe to left side  
5-6 Step left foot behind right foot, point right toe to right side  
7-8 Cross step right foot behind left foot, point left toe to left side

**Section 4 Left Sailor, Right Sailor, Touch, Hold, ½ Turn Unwind**

1&2 Step left foot behind right foot, step right foot to right side, step left foot next to right foot  
3&4 Step right foot behind left foot, step left foot to left side, step right foot to right side  
5-6 Touch left toe behind right foot, hold  
7-8 Unwind ½ turn to the left (weight ends up on the left foot)

**Restart**