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## Just Keep Swimming

112 Count, 1 Wall, Advanced (Phrased)

Choreographer: Kirsten Matthiessen (DK) Jun 2016

Choreographed to: Make My Love Go by Jay Sean,  
ft. Sean Paul

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**16 counts (appx. 9 seconds into track)**

**A B A B A\* B**

**On the third A, repeat the last 16 counts (without turning the first ¼ L)**

**A always starts facing 12 o'clock**

**B always starts facing 9 o'clock**

### Part A

**Section 1 Side Rock, Behind ¼ R Fw, Point Touch Step, Behind ¼ L Fw, Lock Step Fw**

1-2 Rock L to L side, recover onto R  
**(Styling: add a shoulder pop to the L on &2) (12:00)**

3& Cross L behind R, turn ¼ R stepping R fw (03:00)

4&5 Point L to L side, touch L next to R, step L to L side (03:00)

6& Cross R behind L, turn ¼ L stepping L fw (12:00)

7&8 Step R fw, lock L behind R, step R fw (12:00)

**Section 2 Step Lock, Unwind Full Turn R, Side Rock Cross Behind Hitch X2, ¼ L Walk Walk**

&1-2 Step L fw, lock R behind L, unwind full turn R (weight ending on R) (12:00)

3&4 Rock L to L side, recover onto R, cross L behind R hitching R (12:00)

5&6 Rock R to R side, recover onto L, cross R behind L hitching L (12:00)

7-8 Turn ¼ L stepping L fw, step R fw (09:00)

**Section 3 Rocking Chair, Cross Samba, Cross ¼ R, Shuffle ½ R Sweep**

1&2& Rock L fw, recover onto R, rock L back, recover onto R (09:00)

3&4 Cross L over R, rock R to R side, recover onto L (09:00)

5-6 Cross R over L, turn ¼ R stepping L back (12:00)

7&8 Turn ¼ R stepping R to R side, step L next to R, turn ¼ R stepping R fw sweeping L CW (06:00)

**Section 4 Cross back back x2, Batucadas, Mambo ½ L**

1-2& Cross L over R, step R back, step L back (slightly diagonally) (06:00)

3-4& Cross R over L, step L back, step R back (06:00)

5&6& Touch/press L fw rolling hips CCW, step L back, touch/press R fw rolling hips CW,  
step R back (06:00)

7&8 Rock L forward, recover onto R, turn ½ L stepping L fw (12:00)

**Section 5 ¼ L, Side Back Rock X2, Rock Step ½ R, Kick Step Lock Step**

1-2& Turn ¼ L stepping R to R side, rock L back, recover onto R (09:00)

3-4& Step L to L side, rock R back, recover onto L (09:00)

5-6& Rock/press R fw, recover onto L, turn ½ R stepping R fw (03:00)

7&8& Kick L fw, step L fw, lock R behind L, step L fw (03:00)

**Section 6 Press Step X2, ¼ L Paddle Turn Hip Rolls X2**

1-2& Press R fw, recover onto L, step R next to L (03:00)

3-4& Press L fw, recover onto R, step L next to R (03:00)

5-6-7-8 Step R fw, turn ¼ L rolling hips CCW transferring weight onto L, step R fw,  
turn ¼ L rolling hips CCW transferring weight onto L (09:00)

**On the 3rd A: Repeat the last 16 counts without turning the first ¼ L, just step R to R side.  
You'll still be facing the directions indicated above**

### Part B

**Section 1 Cross ¼ R Back, Lock Step Back, Sailor X2**

1-2 Cross R over L, turn ¼ R stepping L back (12:00)

3&4 Step R back, lock L in front of R, , step R back sweeping L CCW (12:00)

5&6 Cross L behind R, step R to R side, step L to L side (12:00)

7&8 Cross R behind L, step L to L side, step R to R side (12:00)

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- Section 2**      **Behind ¼ R, Lock Step Fw, Step Turn Step, Full Turn**  
1-2              Cross L behind R, turn ¼ R stepping R fw (03:00)  
3&4              Step L fw, lock R behind L, step L fw (03:00)  
5&6              Step R fw, turn ½ L stepping onto L, step R fw (09:00)  
7-8              Turn ½ R stepping L back, turn ½ R stepping R fw (09:00)
- Section 3**      **Mambo Fw, Coaster Step, Point X2, Triple ¾ R**  
1&2              Rock L fw, recover onto R, step L back (09:00)  
3&4              Step R back, step L next to R, step R fw (09:00)  
5&6              Point L to L side, step L next to R, point R to R side (09:00)  
7&8              Turn ¾ R stepping R, L, R in place sweeping L CW on the last step (06:00)
- Section 4**      **Cross ¼ L, Chasse, Cross ¼ R, Triple Full Turn, Collect**  
1-2              Cross L over R, turn ¼ L stepping R back (03:00)  
3&4              Step L to L side, step R next to L, step L to L side (03:00)  
5-6              Cross R over L, turn ¼ R stepping L back (06:00)  
7&8&              Turn 1/1 R stepping R, L, R in place, step L next to R (06:00)
- Section 5**      **Heel Switches, Vaudeville, Cross Side, Hitch ½ L, Side Together, ¼ L Together**  
1&2&              Place R heel fw, step R next to L, place L heel fw, step L next to R (06:00)  
3&4&              Cross R over L, step L to L side, place R heel diagonally fw, step R next to L (06:00)  
5&6              Cross L over R, step R to R side, turn ½ L hitching L (12:00)  
&7&8              Step L to L side, step R next to L, turn ¼ L stepping L fw, step R next to L  
**(Styling: bend your knees and pop them out on the & counts) 09:00**
- Section 6**      **Back Hitch Ball Step Sweep X2, Sailor ¼ L Cross, Paddle Turn 1/8 X2**  
1&2              Step L back hitching R, step R next L, step L back sweeping R CW (09:00)  
3&4              Step R back hitching L, step L next to R, step R back sweeping L CCW (09:00)  
5&6              Cross L behind R, turn ¼ L stepping R small step to R side, cross L slightly over R (06:00)  
&7&8              Step R to R side, turn 1/8 L transferring weight onto L, step R to R side,  
turn 1/8 L transferring weight onto L  
**(Styling: bend your knees and pop them out on the & counts) 03:00**
- Section 7**      **Repeat Section 5**  
**Heel Switches, Vaudeville, Cross Side, Hitch ½ L, Side Together, ¼ L Together**  
1&2&              Place R heel fw, step R next to L, place L heel fw, step L next to R (03:00)  
3&4&              Cross R over L, step L to L side, place R heel diagonally fw, step R next to L (03:00)  
5&6              Cross L over R, step R to R side, turn ½ L hitching L (09:00)  
&7&8              Step L to L side, step R next to L, turn ¼ L stepping L fw, step R next to L  
**(Styling: bend your knees and pop them out on the & counts) 06:00**
- Section 8**      **Repeat Section 6, Adding A Collect**  
**Back Hitch Ball Step Sweep X2, Sailor ¼ L Cross, Paddle Turn 1/8 X2, Collect**  
1&2              Step L back hitching R, step R next L, step L back sweeping R CW (06:00)  
3&4              Step R back hitching L, step L next to R, step R back sweeping L CCW (06:00)  
5&6              Cross L behind R, turn ¼ L stepping R small step to R side, cross L over R (03:00)  
&7&8&              Step R to R side, turn 1/8 L transferring weight onto L, step R to R side,  
turn 1/8 L transferring weight onto L, step R next to L  
**(Styling: bend your knees and pop them out on the & counts of the paddle turns) 12:00**
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