

Born To Run

32 count, 4 wall, beginner/intermediate level
Choreographer: Anne Harris (UK) March 2004
Choreographed to: Born To Run by Brooks & Dunn,
Cd: Red Dirt Road (120bpm)

R STEP; 1/2 PIVOT; 1/2 TURN SHUFFLE; ROCK BACK; RECOVER; L SHUFFLE FWD

- 1,2 Right step forward, turning Left pivot 1/2 turn (weight on left)
- 3&4 Still turning left make 1/2 as you shuffle right, left, right
- 5,6 Rock back on to Left foot, recover weight forward on to Right
- 7&8 Shuffle forward Left (Left forward, Right close to Left, Left forward)

R ROCKING CHAIR; ROCK; RECOVER; STEP; 1/4 PIVOT; R CROSS SHUFFLE

- 1,2 Rock (step) forward on to Right, recover weight back on to Left
- 3,4 Rock (step) back on to Right, recover weight forward on to Left
- 5,6 Right step forward, turning Left make 1/4 turn (weight on left)
- 7&8 Cross shuffle Right (travelling to left side)

L SIDE ROCK; RECOVER; L SAILOR STEP; STEP; 1/2 PIVOT; R SHUFFLE FWD

- 1,2 Left rock (step) to left side, recover weight onto Right
- 3&4 Left step behind Right, Right step to right side, Left step forward slightly
- 5,6 Right step forward, turning Left pivot 1/2 turn (weight on left)
- 7&8 Shuffle forward Right (Right forward, Left close to right, Right forward)

HEEL FWD; TOE BACK; 1/2 TURN; STEP; ROCK; RECOVER; STEP BACK; TOUCH

- 1,2 Touch Left heel forward, touch Left toe back
- 3 Turning Left make 1/2 turn as you put weight onto Left
- 4 Right step forward
- 5,6 Rock (step) forward on to Left, recover weight back on to Right
- 7,8 Step back on to Left, touch Right toes across and to left side of Left foot

TAG

At end of wall 8 (you will be facing front) you need to add the following 4 counts

STEP; TOUCH; STEP; TOUCH

- 1,2 Right step forward, touch Left toes beside right
- 3,4 Left step forward, touch right toes beside left

As music faded continue the dance until you face front on last count of dance
