

# **Born To Rock**

Phrased, Intermediate Choreographer: Leong Mei Ling (MY) Oct 2008 Choreographed to: C'mon Everybody by Elvis Presley

Web site: <u>www.linedancermagazine.com</u>

E-mail: admin@linedancermagazine.com

Intro: Starts after 8 counts at vocals. Sequence: A, A, B, A, B, A, 16cts ending

(Note: For the 2nd and 4th eight (section) of A, the dancer is required to dance following the lyrics of the

song.

For example: During the 1st rotation of A, Elvis sings 'Snap Your Fingers' and then later 'Clap Your

Hands'.

So A1 - Snap Fingers & Clap Hands refers to that.

Refer to end of page for steps to the 2nd and 3rd rotation of A:

A2 - Bump Hips & Stomp Feet; A3 - Head Turns to the Left & Right)

It's really a very simple dance although the step sheet may look otherwise :-)

#### **SECTION A**

#### WALK FORWARD WITH HAND SLAPS

- 1-4 Walk forward R, slap hands on hips, walk forward L, slap hands on upper thighs
- 5-8 Repeat 1-4

## **SNAP FINGERS**

Α1

- 1 Step R to right side
- 2-3 Snap fingers right (head level), hold
- 4-5 Snap fingers left (head level), hold
- 6-7 Snap fingers right (hip level), hold
- 8 Snap fingers left, hip level

### WALK BACK WITH HAND SLAPS

- 1-4 Step back R, slap upper thighs, Step back L, slap upper thighs
- 5-8 Repeat 1-4

### **CLAP HANDS**

Ā1

- 1 Step R to right side
- 2-3 Clap hands right (head level), hold
- 4-5 Clap hands left (head level), hold
- 6-7 Clap hands right (hip level), hold
- 8 Clap hands left, hip level

# TOE STRUT, BACK ROCK, TOE STRUT, BACK ROCK

- 1-4 Touch R toe to right, Step R foot down; Step L behind R, recover weight to R
- 5-8 Touch L toe to left, Step L foot down; Step R behind L, recover weight to L

### LONG STEP RIGHT, 1/4 TURN RIGHT, HEEL BOUNCES

- 1-4 Big step to the right with R (2 counts), 1/4 right turn step L to left, hold
- 5-8 Bounce R heel to floor (X2), Bounce L heel to floor (X2)

# BACK ROCK, TOE HEEL CROSSES (3X), STEP

- 1-2 Step R back, recover on L
- 3-6 Touch R toe to L instep, Tap R heel to floor, cross R over L; Hold
- 7-8 Touch L toe to R instep, Tap L heel to floor
- 1-2 Cross L over R; Hold
- 3-6 Touch R toe to L instep, Tap R heel to floor, cross R over L; Hold
- 7-8 Step L beside R, Hold
  - (option: replace toe-heel with toe-kick)

#### **ELVIS KNEES**

- 1-2 Turn R knee in towards left (L leg straight), hold
  - (both arms at shoulder level, elbows bent, forearms up)
- 3-4 Turn L knee in (R leg straight), hold
- Turn R knee in (L leg straight); (Drop arms down to sides & snap fingers)
- 6-8 Hold

#### **TOE STRUTS IN PLACE** Touch R toe beside L, Step R foot in place; Touch L toe beside R, Step L foot in place 1-4 5-8 (repeat 1-4) **SECTION B JAZZ BOX** 1-2 Cross R over L, Hold 3-4 Step L back, Hold Step R to right, Hold 5-6 7-8 Step L forward in front of R, Hold (Option: Jazz box can be done with toe struts) TWIST TO THE RIGHT Step R to right side 2-8 Twist hips R, L, R, L, R, L, R (finish with weight on R foot) (Note: Or do free-style twist as long as your weight ends on the R on count 8) **JAZZ BOX** Cross L over R, Hold 1-2 3-4 Step R back, Hold 5-6 Step L to left, Hold 7-8 Step R forward in front of L foot, Hold (Option: Jazz box can be done with toe struts) FREEZE. TWIST LEFT Step L to left side, hold (Freeze) 1-4 5-8 Twist hips R, L, R, L (finish with weight on L foot) **ENDING TOE STRUTS, MONTEREY TURN (2X8)** 1-2, 3-4 Touch R toe beside L, Step R foot in place; Touch L toe beside R, Step L foot in place 5-6, 7-8 Touch R to right, 1/2 R step R beside L; Touch L to left, step L beside R Last count: Strike an Elvis pose! HAVE FUN! Section Ainserts: A2 (done on the 2nd rotation of A): (2nd eight) HIP BUMPS Step R to right side 2-3 Bump hip right 4-5 Bump hip left 6-7 Bump hip right Bump hip left (4th eight) FOOT STOMPS Step R to right 1 2-3 Stomp L, replace weight to R 4-7 repeat 2-3 8 Stomp L A3 (done on the 3rd and last rotation of A): (2nd eight) TURN HEAD LEFT 1-2 Cross R over L (Look L) Step L to L (Look forward) 3-4 5-6 Cross R over L (Look L)

7-8 Step L to L (look forward)

# (4th eight) TURN HEAD RIGHT

- 1-2 Step R to right (Look R)
- 3-4 Cross L over R (Look forward)
- 5-6 Step R to right (Look R)
- 7-8 Cross L over r (look forward)