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An Old Fashioned Song

32 Count, 2 Wall, Improver

Choreographer: Tonnie Vos (NL) Jun 2016

Choreographed to: Sing Me An Old Fashioned Song by
Niamh Lynn

Intro 8 counts dance start on lyrics "Sing Me"

Section 1 R Side Rock Cross Shuffle L Side Rock Cross Shuffle

1-2 step to right, recover on LF
3&4 step RF across LF, step LF to left, step RF across LF
5-6 step LF to left, recover on RF
7&8 step LF across RF, step RF to right, step LF across RF

Section 2 2x ¼ Turn Left Cross Shuffle L Side Rock Behind Side Front

1-2 ¼ turn left (9:00), ¼ turn left (6:00)
3&4 step RF across LF, step LF to left, step RF across LF
5-6 step LF to left, recover on RF
7&8 cross behind RF, step RF to right, step LF forward

Section 3 Walk R Walk L Run Rlr L Step Front R Touch Back L Heel Front R Scuff

1-2 walk forward, walk forward
3&4 walk forward, walk forward, walk forward
5-6 step forward, touch toe behind
&7 step beside LF, touch heel forward
&8 step beside RF, scuff forward

Section 4 R Jazz Box Side Behind Heel Jack Touch R

1-2 step RF across LF, step backwards
3-4 step to right, step LF across RF
5-6 step RF to right, step behind RF
&7 step RF to right, touch heel diagonal to left
&8 step beside RF, touch toe beside LF

Restart: Wall 2 after 28 counts

Tag Wall 1-4-7 Tag of 8 counts
Chassé Cross Rock Back 2x
1&2 step RF to right, step beside RF, step RF to right
3-4 cross behind RF, recover on RF
5&6 step LF to left, step beside LF, step LF to left
7-8 cross behind LF, recover on LF

Tag Walls 3-6 Tag of 6 counts
Chasse Cross Rock Back Chasse
1&2 step RF to right, step beside RF, step RF to right
3-4 cross behind RF, recover on RF
5&6 step LF to left, step beside LF, step LF to left