

Hard Country

32 Count, 4 Wall, Intermediate (Catalan Style)

Choreographer: Jane Nilsson (SE) Nov 2015

Choreographed to: Hard Country by Kikki Danielsson.

CD: Postcard From a Painted Lady

96 bpm

Section 1: Jumping Cross Rock Kick, Step ¼ Turn, Jumping Cross Rock Kick, Step ¼ Turn, Stomp, Right And Left

- 1& Cross right over left and lift left foot, step down on left and kick right foot forward
2& Step down ¼ turn right and kick left foot forward, cross left over right and lift right foot
3&4 Step down ¼ turn right and kick left foot forward, stomp left, stomp right
5& Cross left over right and lift right foot, step down on right and kick left foot forward
6& Step down ¼ turn left and kick right foot forward, cross right over left and lift left foot
7&8 Step down ¼ turn left and kick right foot forward, stomp right, stomp left

Section 2: Stomp Diagonally, Swivel Heel, Toe, Heel To Right And To Left, Rock Step, ½ Turn, Shuffle Forward

- 1&2& Stomp right foot diagonally to right, swivel left heel, toe, heel toward right foot
3&4& Stomp left foot diagonally to left, swivel right heel, toe, heel toward left foot
5&6 Rock right forward, recover onto left, ½ turn right stepping right foot forward
7&8 Step left forward, step right beside left, step left forward

Section 3: Heel Touch, Hook, Heel, Flick, Kick Ball Change, Chassé, ¼ Turn Chassé

- 1&2& Touch right heel forward, hook right in front of left, touch right heel forward, flick right back
3&4 Kick right foot forward, touch right ball beside left and lift left foot, step down on left foot
5&6 Step right to right, step left beside right, step right to right
7&8 ¼ turn left stepping left to left side, step right beside left, step left to left side

Section 4: Shuffle, Rock Step, Coaster Step, Step Turn

- 1&2 Step forward on right, step left beside right, step forward on right
3-4 Rock forward on left, recover onto right
On wall 5 replace count 4 with a hold then Restart
5&6 Step back on left foot, step right beside left, step forward on left foot
7-8 Step forward on right foot, ½ turn left (weight on left foot)