

## There I Said It

40 Count, 2 Wall, Intermediate

Choreographer: Val O'Connor (UK) Jun 2016

Choreographed to: There I Said It by Adam Lambert.

Album: The Original High

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**Restart:** During Wall 3

**Intro:** 16 Counts ( 19 Secs Approx ), Start On The Word "Say"

**Section 1 Forward R (Sweep L), Weave (Sweep R), R Behind Side Cross, L Side Rock Cross, ¼ L, ½ L Shuffle (Sweep R)**

1-2&3 Step R forward (sweep L) , cross L, (&) R to R side, cross L behind R (sweep R)

4&5 Cross R behind L, (&) L to L side, cross R over L

6&7& Rock L to L side, (&) recover onto R, cross L over R, (&) ¼ L step back on R (9)

8&1 ½ L step forward L, (&) step R next to L, step forward on L ( sweep R forward) (3)

**Option Full Turn: 8& 1 ½ L step forward L, (&) ½ L step back on R, ½ L step forward on L (sweep R forward)**

**Section 2 Cross R Side Behind (Sweep L), L Behind Side R, L Cross Rock Side Rock, Cross Touch L, Sweep L, Behind ¼ Step**

2&3-4& Cross R over L, (&) L to L side, cross R behind L (sweep L), step L behind R, (&) R to R side

5&6& Cross rock L over R, (&) recover back on R, rock L to L side, (&) recover on R

7&8&1 Cross touch L over R, (&) sweep L around, step L behind R, (&) ¼ R step forward, step forward L (sweep R) (6)

**Section 3 Cross R, L Side Rock Cross, R Side Rock, Sway R L, & Cross L Unwind Full R, R Diag Shuffle Lunge**

2&3&4& Cross R over L, (&) rock L to L side, , recover on R, (&) cross L over R, rock R to R side (&) recover on L

5-6&7 Sway R to R side, sway L to L side, (&) step R next to L, cross L as you unwind full R (keep weight on L)

8&1 To R diagonal step forward R, (&)step L next to R, lunge forward onto R (Facing R diagonal)

**Section 4 Slow L Rock Back Recover, L Forward Rock Back L (Drag R), Back R ½ L Forward R, L Mambo,**

2-3-4&5 Slow rock back on L ( look back over L shoulder), recover forward on R, L forward rock, (&) recover on R, Take long step back on L ( drag R towards L )

6&7&8& Step back on R, (&) ½ L step forward L ( opposite diagonal), step forward R, (&) rock forward on L, recover Back on R, (&) step back on L

**Section 5 Back R(Sweep L), Back L (Sweep R), R Rock Back Forward R, ½ R, Back R (Sweep L), Back L (Sweep R), R Rock Back Side Rock**

1-2-3&4 (Diag) Step back R (sweep L), step back L (sweep R), rock back on R, (&) recover forward on L, step forward R

&5-6-7&8& (Diag) (&) ½ R step back L, Step back R (sweep L), step back L (sweep R), rock back R, (&) recover forward on L 1/8 L rock R to R side , (&) recover on L (Facing 6 o clock)

**Restart From Beginning**

**Restart: During Wall 3 – Dance up to section 3, counts 2&3&4& (Facing Back Wall), restart from the beginning**

**Please Note this dance is not fast especially the beginning.**