

The Pressure

32 Count, 4 Wall, Intermediate
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Choreographed to: What's The Pressure by Laura Tesoro

Section 1: Step Forward, Dorothy Step, ¼ Turn Left, Kick Ball Change, Lock Behind, ½ Turn Right

- 1 LF step forward
- 2 RF behind LF
- & Lf step forward
- 3 RF step forward
- 4 ¼ turn left
- 5 RF kick forward
- & RF close LF
- 6 LF step left
- 7 RF lock behind LF
- 8 ½ turn right, weight split weighted

Section 2: Right Heel, Left Heel, 2x Right Heel, Ball Change, ¼ Turn Left, Sweep, Sweep, Sweep

- 1 Lift right heel up, but leave toes on floor
- 2 Lift left heel up, but leave toes on floor
- 3 lift right heel up, but leave toes on floor
- & Recover heel back on floor
- 4 Lift right heel up, but leave toes on floor
- & RF close LF
- 5 LF cross over RF
- 6 1/4 turn left, RF step back, while doing this sweep LF
- 7 LF step back, while doing this sweep RF
- 8 RF step back while doing this sweep LF

Section 3: Coaster Step, 2x Camel Walks, Mambo Forward, Coaster Step

- 1 LF step back. forward.
- & RF Close LF
- 2 LF step forward.
- 3 RF step forward, while doing this lock Left knee into right knee
- 4 LF step forward, while doing this lock Right knee into left knee
- 5 RF step forward.
- & Recover weight LF
- 6 Rf step back
- 7 LF step back
- & RF close LF
- 8 LF step forward

Section 4: Knee Twist, ½ Turn Right Kick Ball Change, Step Forward, ½ Turn Right Step Back, ¼ Turn Right Sweep, Coaster Step.

- 1 Twist both knees right
- 2 Twist both knees left
- 3 ½ turn right, RF kick forward
- & RF close LF
- 4 LF step forward
- 5 RF step forward
- 6 ½ turn right, LF step back
- & ¼ turn right, while doing this sweep RF
- 7 RF step back
- & LF close RF
- 8 RF step forward

Tag: Before wall 4, 4 step forward ½ turn around over left, start walking with left.

Start Again, Have Fun!

