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## Tequila Sheila

32 Count, 4 Wall, Improver

Choreographer: Jean Loafman (USA) Mar 2013

Choreographed to: Tequila Sheila by Bobby Bare.

Album: 16 Biggest Hits

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### Start dancing on lyrics

**Section 1 Heel, Hook, Heel, Flick, Chasse Forward, Right And Left**  
1&2& Touch right heel forward, hook right over left, touch right heel forward, flick right back  
3&4 Chasse forward right-left-right  
5&6& Touch left heel forward, hook left over right, touch left heel forward, flick left back  
7&8 Chasse forward left-right-left

**Section 2 Mambo Forward, Coaster, Turn 1/4 Right, Cross, Weave Left**  
1&2 Rock right forward, recover to left, step right together  
3&4 Left coaster step  
5&6 Step right forward, turn 1/4 left (weight to left), cross right over left  
7&8& Step left side, cross right behind, step left side, step right over left

**Section 3 Rumba Box Forward And Back**  
1&2 Step left side, step right together, step left forward  
3&4 Step right side, step left together, step right back  
5&6 Step left side, step right together, step left back  
7&8 Step right side, step left together, step right forward

**Section 4 Chasse Forward, Turn 1/2 Left, Step, Turn 1/4 Right, Turn 1/4 Right, Forward**  
1&2 Chasse forward left-right-left  
3&4 Step right forward, turn 1/2 left (weight to left), step right forward  
5-6 Step left forward, turn 1/4 right (weight to right)  
7&8 Step left forward, turn 1/4 right (weight to right), step left forward

### Begin Dance Again

**Tag: At the end of the sixth wall facing 6:00:**  
1&2 Rock right forward, recover to left, step right together  
3&4 Rock left back, recover to right, step left together  
5&6 Step right slightly forward, bump right-left-right  
7&8 Step left slightly forward, bump left-right-left