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What A Rush

32 Count, 4 Wall, Improver

Choreographer: Darcie DeAngelis (USA) Jun 2016

Choreographed to: Lush Life by Zara Larsson

Count in: 32 counts

Restart: wall 8 after 16 counts

Section 1 Cross Samba x 2 R L, 1/4 turn L Volta

1 & 2 Cross R over L (1) Rock L to L (&) Recover R (2)
3 & 4 Cross L over R (3) Rock R to R (&) Recover L (4)
5 & 6 & Making 1/4 turn L over next 4 counts, Cross R over L (5)
Step L to L (&) Cross R over L (6) Step L to L (&)
7 & 8 Cross R over L (7) Step L to L (&) Cross R over L (8)

Section 2 Side Step Back Rock Recover x 2 L R, Step L, 1/4 Turn R, Weave R

1 & 2 Step L to L side (1) Rock R behind L (&) Recover L (2)
3 & 4 Step R to R side (3) Rock L behind R (&) Recover R (4)
5 6 Step L forward (5) 1/4 turn R, weight to R (6)
7 & 8 Cross L behind R (7) Step R to R side (&) Cross L over R (8)
***Restart here on wall 8**

Section 3 Side Step R, Touch L, 1/4 Turn Triple L, Walk x 2 R L, R Side Rock Recover Cross

1 2 Step R to R (1) Touch L next to R (2)
3 & 4 Making 1/4 turn L, Step L forward (3) Step R next to L (&) Step L forward (4)
5 6 Step R forward (5) Step L forward (6)
7 & 8 Rock R to R side (7) Recover L (&) Cross R over L (8)

Section 4 L Side Rock Recover Cross, R Side Rock, Recover, Weave L, Slide L

1 & 2 Rock L to L side (1) Recover R (&) Cross L over R (2)
3 4 Rock R to R side (3) Recover L (4)
5 & 6 Cross R behind L (5) Step L to L side (&) Cross R over L (6)
7 8 Big step L to L (7) Slide R to L, keeping weight on L (8)