

Reckless And Senseless

32 Count, 4 Wall, Improver

Choreographer: Tom I. Soenju (NO) Jun 2016

Choreographed to: Reckless by Martina McBride

Track: 3:34m 103 bpm**Intro: 8 counts. Starting 4 counts before first vocals.****Tag/Restart: 1 Tag, No Restarts. An 8 count tag after 3rd wall (9:00)****End: Dance as normal till the end.****Section 1: L FW Rock, Recover, L Sailor 3/8 Step, R FW Shuffle, 1/8 R Turn-L Step, 1/2 R Turn-R Step**

- 1 Step (rock) left foot forward
- 2 Recover weight onto right foot
- 3 & Step left foot behind right foot while turning 3/8 to your left (7:30) and step right foot to right side
- 4 Step left foot to left side
- 5 & Step right foot forward and step left foot next to right foot
- 6 Step right foot forward
- 7 One-eight turn to your right (9:00) and step left foot to left side
- 8 Half turn to your right (3:00) and step right foot forward

Section 2: 1/2 R Turn B Shuffle, R Coaster Step, 1/2 R Turn Touch-Bump-Step x2

- 1 & Half turn to your right (9:00) stepping left foot back and step right foot in front of left foot
- 2 Step left foot back
- 3 & Step right foot back and step left foot next to right foot
- 4 Step right foot forward
- 5 & Quarter turn to your right (12:00) touching left foot to left side and bumping left hip upwards then back
- 6 Quarter turn to your right (3:00) stepping left foot back
- 7 & Quarter turn to your right (6:00) touching right foot to right side and bumping right hip upwards then back
- 8 Quarter turn to your right (9:00) stepping right foot forward

Section 3: L FW Step- 1/4 R Turn, 1/2 L Turn Chassé, 1/2 R Turn Chassé, L Jazz Box

- 1 Step left foot forward
- 2 Quarter turn to your right (12:00, weight on right foot)
- 3 & Half turn to your right (6:00) stepping left foot to left side and step right foot next to left foot
- 4 Step left foot to left side
- 5 & Half turn to your right (12:00) stepping right foot to right side and step left foot next to right foot
- 6 Step right foot to right side
- 7 Cross left foot over right foot
- 8 Step right foot back

Alternative: For those who easily get dizzy and find it to be to many turns, can in counts 3&4 do a L cross shuffle facing 12:00 instead.**Section 4: L Side Step, R Cross Shuffle, L Side Rock, Recover, 3/4 L Turn-FW Shuffle, FW R Step**

- 1 Step left foot to left side
- 2 & Cross right foot over left foot and step ball of left foot behind right foot
- 3 Cross right foot over left foot
- 4 Step (rock) left foot to left side
- 5 Recover weight onto right foot
- 6 & Three-quarter turn to your left (3:00) stepping left foot forward and stepping ball of right foot behind left foot
- 7 Step left foot forward
- 8 Step right foot forward

Tag 8 counts.**Section 1: L FW Rock, Recover, L Coaster Step, R FW Rock, Recover, R Coaster Step**

- 1 Step (rock) left foot forward
- 2 Recover weight onto right foot
- 3 & Step left foot back and step right foot next to left foot
- 4 Step left foot forward
- 5 Step (rock) right foot forward
- 6 Recover weight onto left foot
- 7 & Step right foot back and step left foot next to right foot
- 8 Step right foot forward

Start again and enjoy! Happy Dancing!