

**This is the Big One
(I'm falling in love)**

IMPROVER

32 Count 4 Walls

Choreographed by: Julie Lockton

Choreographed to: The Big One (I'm
falling in love) by John McNicholl

No tags or re-starts / Count in: 16 counts**1 Step touch, Kick Ball Cross, Hinge turn, Shuffle Forward**

1 - 2 - 3 & 4 Step right to right side, touch left to right, kick left forward, step down onto the left ball, cross right over left

5 - 6 - 7 & 8 Step left to left side, making ½ turn over the right step right to right side to 06:00, shuffle forward left, right, left

2 Rock recover, syncopated steps back, rock recover, shuffle ½ turn

1 - 2 & 3 - 4 Rock forward on the right, recover onto left, step back on the right (&), step back on the left, step back on the right

5 - 6 - 7 & 8 Rock back on the left, recover onto right, shuffle forward left, right, left making ½ turn over right to 12:00

3 Heel & Heel & Heel Hook, step forward, toes, step, touch

1 & 2 & 3 - 4 Place right heel forward, step onto right, place left heel forward, step onto left, place right heel forward, hook right in front of left

5 - 6 - 7 - 8 Step forward on the right, touch left toes behind right, step back on left, touch right beside left

Note The 1st 4 counts of section 3 can be replaced with apple jacks for those who can and want to!**4 Syncopated weave, point, ¼ turn jazz box cross**

1 - 2 & 3 - 4 Step right to right side, step left behind right, step right to right side, step left across right, point right to right side

5 - 6 - 7 - 8 Cross right across left, step back on the left, step right to right side making ¼ turn right (03:00), cross left over right

End of dance!